CONTACT
Adult Programs
Phone: 757-441-5830 ext. 338
Email: registrar@nbgs.org

Family & Youth Programs
Phone: 757-441-5830 ext. 463
Email: youthe@d nbgs.org

COURSE COLOR KEY
GARDEN
EXPLORE
CREATE
LIVE WELL
DIG DEEPER
SPROUTS/FAMILY FUN
SPECIAL EVENT

REGISTRATION INFORMATION
Preregistration is required for all classes and programs unless otherwise indicated. Register online, in person, or by phone. Become a member and receive a discount on classes & much more! Membership fees can be included with your registration. All class prices include Garden admission.

MEMBER DISCOUNT POLICY
Members with an individual membership receive a discount on 1 ticket per class. Members with a family membership receive a discount on up to 2 tickets per class for adult classes and up to 6 tickets per program for youth and family programs.

CLASS REFUND POLICY
Cancellations five or more business days prior to the program start date, refunds less 20% processing fee (min. $5). No refunds for cancellations one to four business days prior to program start date. Courses canceled by the Garden due to low enrollment or hazardous weather conditions are fully refunded.

SUSTAINABILITY
This catalog is printed on paper deemed to be responsibly managed by the Forest Stewardship Council and is made with 30% or more Post-Consumer Fiber. Please recycle this catalog or pass it on!

NEW!
Floral Design Certification

with Horticulturist IV
Mary Toth
Tuesdays & Thursdays
Sept. 5–Nov. 7
6–8 PM

08/28 Monday Yoga (4-Week Class)
08/30 Wednesday Yoga (4-Week Class)
09/01 Friday Yoga (4-Week Class)
09/05 Sunset Kayaking
Floral Design Certification Course (9-Week Class)
Evening Yoga (6-Week Class)
09/07 Digital Photography: Low Light Photography
Better Breathing (4-Week Class)
09/09 10 Great Trees and 10 to Avoid
09/11 Family Twilight Trek
09/12 Sunset Kayaking
09/14 Rose Garden Walk & Talk
09/15 Storybook Tea Party
09/19 Sunset Kayaking
09/20 Tree ID Walk & Talk
09/21 Garden Highlights Walk & Talk
Sow it Begins
Garden Stars
09/22 Family Twilight Trek
09/23 Watercolors: Monarch and Black-eyed Susans
Bonsai: Overwintering Your Trees and Fall Bonsai Work
Introduction to Knitting
Girl Scout Shapes in Nature Day
09/26 Garden Planning
Sunset Kayaking
Cooking with Mushrooms
09/27 Wednesday Oil Painting (8-Week Class)
09/28 Trunk History
Thursday Oil Painting (9-Week Class)
Owl Prowl
09/30 Into the Woods Cub Scout Day
October

10/03  Under the Scope: The Tomatoes in Your Vegetable Garden
       Mushroom Cultivation
10/04  Pumpkin Centerpiece Floral Design Workshop
10/05  Nature in the Classroom Teacher Professional Development
10/06  All About Mushrooms
       NBG Homeschool Day
10/09  Monday Yoga (4-Week Class)
10/10  Invasive Plant Management
10/11  Wednesday Yoga (4-Week Class)
10/12  Cooking with Mushrooms
       Beginner T’ai Chi (8-Week Class)
       Intermediate T’ai Chi (8-Week Class)
       Origami: Bats
10/13  Friday Yoga (4-Week Class)
       Garden Highlights Walk & Talk
       Storybook Tea Party
10/14  Succulent Pumpkin Workshop
       Jam, Jelly, and Canning 101
10/17  Worm Composting
       The Fundamentals of Pizza Making
10/19  Dig and Divide in Statuary Vista
       Garden Stars
       Trick ‘r Trees
10/20  Birding Walk & Talk
       Trick ‘r Trees
10/21  Watercolors: Whimsical Chickens
       Roots, Bark, Berries & Seed Medicine
10/24  The Importance of Winter Bird Feeding
       Digital Photography:
       Light Painting Photography
10/25  13 Plants of Halloween
       Jr. Garden Artists: Cornhusk Scarecrows
10/26  Owl Prowl
10/27  Ghoul and Goblin Gardens

Garden to-go Kits
September 7 – 10
Pickup September 14 – 16

Online Bulb Sale
October 6, 7 & 8
Pickup Oct. 12, 13 & 14

In-Person Tree/Shrub Sale
Friday, Oct. 27 – Sunday, Oct. 29

Seminar: The Importance of Winter Bird Feeding
October 24 • 1 PM – 3 PM
in partnership with:

Wild Birds Unlimited®
Nature Shop
Chesapeake, North Suffolk, Virginia Beach

Join Wild Birds Unlimited of South Hampton Roads and Norfolk Botanical Garden for our seminar about the Importance of feeding birds throughout the colder months. We will discuss how feeding and watering birds is essential for their survival in harsher climates. We will also educate on being seasonally savvy with backyard birding. We will talk about the seasonal birds that over winter with us, that you won’t see during warmer months and we will discuss the importance of keeping housing up all year round. We will also have a discussion to include our “Saving The Song Birds” initiative and also getting your yard certified by the National Wildlife Federation through their partnership with Wild Birds Unlimited. See page 7 for registration details.
Call for Volunteers: Dominion Energy Garden of Lights

Be like Hampton University Campus Curlz and volunteer your organization for the event of the year! Contact NBG Community Engagement Manager Taylor Lyons at (757) 441-5830 ext. 364 or email volunteer@nbgs.org

Gift Shop Member Appreciation

HOLIDAY SALE
NOV. 4TH & 5TH

Purchase a unique gift for someone special this holiday season. Members receive a 20% DISCOUNT on all regular price merchandise for a ONE TIME shopping spree in the Gift Shop.

Give the gift that keeps on blooming. NBG Gift Cards are available in the gift shop and can be applied to membership—which also includes multiple discounts, special event invitations and reduced or FREE admission to more than 300 U.S. botanical gardens. To order a gift membership, visit: norfolkbotanicalgarden.org/support/ or call 757-441-5830, ext. 324.

11/01 Sustainable Gardening 101
11/02 Owl Prowl
11/04 Girl Scout Outdoor Art Day
11/07 Under the Scope: The Broccoli in Your Vegetable Garden
Sumi-e: Japanese Ink Painting (5-Week Class)
11/08 Dried Floral Wreath Design
11/09 Fall in the Matson Garden
11/11 Fall Color Walk & Talk
Origami: Pandas and Bamboo
Succulent Topiary Candlesticks
11/12 Thanksgiving Plates
11/13 Monday Yoga (4-Week Class)
11/14 Tree Species in the Garden Walk & Talk
Holiday Ornament Clay Workshop
11/15 Wednesday Yoga (4-Week Class)
11/16 Honeybees, What Are They Good For?
Thanksgiving Plates
11/17 Friday Yoga (4-Week Class)
Garden Highlights Walk & Talk
Storybook Tea Party
11/18 Watercolors: Autumn Leaves and Chickadee
Winter Wellness
11/19 Thanksgiving Plates
11/20 Thanksgiving Centerpiece Floral Design Workshop
11/28 Japanese Maple Walk & Talk
11/29 Wednesday Oil Painting (8-Week Class)
11/30 Green Thumb, Brown Leaves-A Look into Plant Diseases
Thursday Oil Painting (8-Week Class)
december

12/02  Origami: Holiday Ornaments
       Jam, Jelly, and Canning 101
       Mushroom Medicine

12/03  Fairy & Gnome Winter Homes

12/05  Under the Scope: The Peppers in Your Vegetable Garden
       Holiday Wreath Floral Design Workshop

12/06  Intro to Botanical Watercolor

12/07  Holiday Gnomes Floral Design Workshop
       Gardening As You Age

12/09  Watercolors: Owl and Snowy Scene
       Botanical Beauty
       Living Succulent Christmas Tree
       Choice Evergreen Shrubs for Local Landscapes

12/10  Holiday Nature Ornaments

12/12  Outdoor Holiday Container Workshop
       Wetlands of Hampton Roads

12/14  12 Plants of Christmas

12/15  Storybook Tea Party

12/16  Cookie Plates and Cocoa Mugs

12/17  Cookie Plates and Cocoa Mugs

12/20  DIY Suet Feeder Workshop

12/22  Holiday Centerpiece Floral Design Workshop

12/23  Holiday Nature Ornaments

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Tickets On-Sale Oct. 1st
NBGLights.org

Voted #5 Best Botanical Garden Holiday Lights in the Country through the USA Today/10Best contest in 2022!

Scan code to learn more.
Grow your green thumb and learn how to keep your garden thriving.

10 Great Trees and 10 to Avoid
With Director of Horticulture Les Parks
Saturday, September 9 • 9:30–11:30 AM
$16 ($21 for not–yet–members)
This class will cover great trees for Coastal Virginia and which ones to avoid. It will also cover selecting healthy trees from garden centers and proper planting techniques. Indoor presentation followed by an outdoor tour. Walking required.

Sow it Begins
With Greenhouse Manager Meredith Simmons
Thursday, September 21 • 1–3 PM
$16 ($21 for not–yet–members)
Begin your seed starting adventure from the ground up with the help of Meredith Simmons, greenhouse manager. We will talk all things seedy in this class.

Garden Planning
With Horticulturist IV Scott Blair
Tuesday, September 26 • 1–3 PM
$16 ($21 for not–yet–members)
Learning how to plan for a garden is just as important to success as picking the right plants. We will discuss site selection, soil analyses, water access, and some basic principles of design.

Trunk History
With Plant Recorder Ray Volkin
Thursday, September 28 • 1–3 PM
$16 ($21 for not–yet–members)
Learn about the rich history of Hampton Roads and its role in the timber trade. How does this affect the landscape today? Witness history preserved here and possibly in your own backyard.

Under the Scope: The Tomatoes in Your Vegetable Garden
With Plant Recorder Ray Volkin
Tuesday, October 3 • 10–11 AM
$11 ($16 for not–yet–members)
Learn about the unique inner workings of the plants you may be growing in your own back yard. This mini-series will focus on a different vegetable garden staple each month. Where did tomatoes come from? Get answers to your brain-nagging questions.

All About Mushrooms
With Vice President of Education Theresa Augustin
Friday, October 6 • 9:30–11 AM
$16 ($21 for not–yet–members)
Curious about mushrooms? Learn which ones are common to our area, how to identify them, and the role they play in nature. This class will be held outdoors. Walking required.

Worm Composting
With Master Gardener Kandy Keith
Tuesday, October 17 • 6:30–8:30 PM
$40 ($55 for not–yet–members)
Turn kitchen waste into a dark rich soil conditioner. Each participant will make a worm compost bin, complete with starter worms! All supplies included.

Dig and Divide in Statuary Vista
With Nursery Manager Pat Sisson
Thursday, October 19 • 9:30–11 AM
$35 ($45 for not–yet–members)
Learn the proper way to divide and transplant a variety of perennial plants that participants will then take home. Walking required.

13 Plants of Halloween
With Horticulturist | Mary Lu Hudgins
Wednesday, October 25 • 1–3 PM
$16 ($21 for not–yet–members)
Ranging from spooky to freaky, even plants can get into the Halloween spirit! Come and enjoy this horticultural Trick or Treat where we will discuss the creepy members of the plant kingdom and their Halloween histories. Indoor presentation followed by outdoor tour. Walking required.

Fall in the Matson Garden
With Horticulturist II Dakayla Calhoun
Thursday, November 9 • 9–11 AM
$16 ($21 for not–yet–members)
Explore of the Matson Garden during autumn. Learn about the maintenance and fall favorites of the garden. Indoor presentation followed by outdoor walking tour, weather permitting.

Honeybees, What Are They Good For?
With Horticulturist III Bailey Bunn
Thursday, November 16 • 10–11:30 AM
$16 ($21 for not–yet–members)
The importance and benefits of honeybees from honey production to the economic, health, environmental, and entrepreneurial impact on our society. All of this and more from a tiny bug!

Green Thumb, Brown Leaves - A Look into Plant Diseases
With Horticulturist II Dakayla Calhoun and Plant Recorder Ray Volkin
Thursday, November 30 • 1–3 PM
$16 ($21 for not–yet–members)
Learn about the various diseases that may be plaguing your garden, how to identify them, and tried and true methods to treat them. This class is meant to turn brown thumbs into green thumbs and supplement any gardener’s tool kit.

Under the Scope: The Peppers in Your Vegetable Garden
With Plant Recorder Ray Volkin
Tuesday, December 5 • 10–11 AM
$11 ($16 for not–yet–members)
This mini-series will focus on a different vegetable garden staple each month. Why are my jalapeños too spicy this year? Get answers to your brain-nagging questions.

Choice Evergreen Shrubs for Local Landscapes
With Director of Horticulture Les Parks
Saturday, December 9 • 10 AM–12 PM
$16 ($21 for not–yet–members)
Area gardeners appreciate evergreen shrubs for year-round interest, but they are especially valued in winter. Our unique climate allows for many choices, but unfortunately many local “professionals” rely on the same tired plant palette over and over. This class will explore some of the varied and unusual evergreen shrubs that are well suited for Coastal Virginia.

Sustainable Gardening 101
With Horticulturist IV Scott Blair
Wednesday, November 1 • 1–3 PM
$16 ($21 for not–yet–members)
Learn how developing a more interactive relationship with nature can benefit you. Learn the basics of utilizing natural conditions, optimizing outdoor space, and how to integrate edible plants into your yard.

Under the Scope: The Broccoli in Your Vegetable Garden
With Plant Recorder Ray Volkin
Tuesday, November 7 • 10–11 AM
$11 ($16 for not–yet–members)
Learn about the unique inner workings of the plants you may be growing in your own back yard. This mini-series will focus on a different vegetable garden staple each month. Why are there a million different forms of broccoli? Get answers to your brain-nagging questions.
FREE GARDEN WALK & TALKS

FREE WITH GARDEN ADMISSION
Walking required, weather permitting. These casual informative walks will allow plenty of time for questions and photos.

Rose Garden Walk & Talk
With Horticulturist II Tensaie Fesshaye
Thursday, September 14 • 10–11:30 AM

Garden Highlights
With Director of Adult Education Alexandra Cantwell
Thursday, Sept 21 • 10–11:30 AM
Friday, Oct 13 • 10–11:30 AM
Friday, Nov 17 • 10–11:30 AM

Birding Walk & Talk
With Blackwater Ecological Preserve Manager Nicholas Flanders
Friday, October 20 • 9:30–11 AM

Fall Color Walk & Talk
With Director of Horticulture Les Parks
Saturday, November 11 • 10–11:30 AM

Tree Species in the Garden Walk & Talk
With Horticulturist IV Daniel Fulford
Tuesday, November 14 • 10–11:30 AM

Japanese Maple Walk & Talk
With Horticulturist IV & Certified Floral Designer Mary Toth
Tuesday, November 28 • 9:30–11 AM

Outdoor Holiday Container Workshop
With Horticulturist IV & Certified Floral Designer Mary Toth
Tuesday, December 12 • 1–2:30 PM
$60 ($75 for not–yet–members)
Conquer the holidays by creating a beautiful outdoor, evergreen filled container with holiday themed decorations and natural ornaments.

12 Plants of Christmas
With Horticulturist I Mary Lu Hudgins
Thursday, December 14 • 1–3 PM
$16 ($21 for not–yet–members)
Get into the Holiday Spirit by exploring the 12 Plants of Christmas! Indoor presentation followed with outdoor tour. Walking required.

DIY Suet Feeder Workshop
With Director of Adult Education Alexandra Cantwell
Wednesday, Dec 20 • 1-3 PM
$35 ($40 for not–yet–members)
Become your backyard bird’s best friend when you learn how to make your own suet blocks! Participants will create custom blends to attract a variety of feathered friends, and take home several blocks themselves, complete with a suet holder and reusable molds! All supplies included.

Sunset Kayaking
In partnership with Tula Paddle Sports
Tuesday, September 5, 12, 19, 26 • 5:30–Sunset
$50 ($65 for not–yet–members)
Enjoy a relaxing paddle on Lake Whitehurst with experienced guides. No experience necessary.

Garden Stars
In partnership with the Back Bay Amateur Astronomers
Thursday, September 21 • 8–9:30 PM
Thursday, October 19 • 7:30–9 PM
$16 ($26 for not–yet–members)
Come out for an evening under the stars with the Back Bay Amateur Astronomers and their powerful telescopes. Walking required.

Owl Prowl
With Nature’s Nanny Wildlife Rehab
Thursday, September 28 • 7–9 PM
Thursday, October 26 • 7–9 PM
Thursday, November 2 • 7–9 PM
$21 ($26 for not–yet–members)
Join us for a guided tour of the Garden in search of these magnificent night hunters—after meeting them in person! Walking required.

The Importance of Winter Bird Feeding
With Wild Birds Unlimited
Tuesday, October 24 • 1–3 PM
$16 ($21 for not–yet–members)
Join Wild Birds Unlimited of South Hampton Roads for our seminar about the Importance of feeding birds throughout the colder months. We will discuss how feeding and watering the birds is essential for their survival during harsher weather. We will also educate on being seasonally savvy with backyard birding. We will talk about the seasonal birds that over winter with us, that you won’t see during warmer months and we will discuss the importance of keeping housing up all year round.
create

Cultivate your creativity with these garden-inspired workshops. All supplies included.

**Wednesday Oil Painting (8-Week Class)**
With Artist Adele Loomans
Wednesdays, September 27–November 15, November 29–January 31 (no class on Dec. 20, or 27)
9:45–11:45 AM
$175 ($200 for not–yet–members)

**Thursday Oil Painting (8-Week Class)**
With Artist Adele Loomans
Thursdays, September 28–November 16, November 30–February 1 (no class Dec. 21, or 28)
9:45–11:45 AM
$175 ($200 for not–yet–members)

**Watercolors**
With Artist Diana Davis
Saturdays • 9 AM–1:30 PM
Monarch and Black-eyed Susans • September 23
Whimsical Chickens • October 21
Autumn Leaves and Chickadee • November 18
Owl and Snowy Scene • December 9
$60 ($75 for not–yet–members)

**Origami**
With Paper Artist Rich Gray
Bats • October 12 • 6:30–8:30 PM
Pandas and Bamboo • November 11 • 9:30–11:30 AM
Holiday Ornaments • December 2 • 9:30–11:30 AM
$21 ($26 for not–yet–members)

**Digital Photography**
With professional photographer Dee Akright
6:30–8:30 PM
Low Light Photography • September 7
Light Painting Photography • October 24
$40 ($55 for not–yet–members)
Bring your camera and manual.

**Floral Design Certification Course (9-Week Class)**
With Horticulturist IV & Certified Floral Designer Mary Toth
Tuesdays and Thursdays, September 5–November 7 (no class on Oct. 31)
6–8 PM
$1,000/Workshop ($1,200 for not–yet–members)

**Floral Design Workshops**
With Horticulturist IV & Certified Floral Designer Mary Toth
Pumpkin Centerpiece • October 4 • 1–2:30 PM
Thanksgiving Centerpiece • November 20 • 1–2:30 PM
Holiday Wreath • December 5 • 1–2:30 PM
Holiday Gnomes • December 7 • 1–2:30 PM
Holiday Centerpiece • December 22 • 9:30–11:00 AM
$60/Workshop ($75 for not–yet–members)

**Intro to Knitting**
With Instructor Mandie Burns
Saturday, September 23 • 10 AM–1 PM
$35 ($45 for not–yet–members)
Students will learn the basics of knitting in this class and be equipped to start their first project. Skills taught include: the knit stitch, casting on, binding off, slips knots, and finishing. The instructor will provide guidance for students on choosing yarn and paring needles for future projects. This brief introductory class is designed for beginners with no prior knitting experience. All supplies are included.

**Dried Floral Wreath Design**
With Horticulturist II Julia Trzcinski
Wednesday, November 8 • 1–3 PM
$50 ($65 for not–yet–members)
Learn how to make a beautiful dried flower wreath for your home with Horticulturalist Julia Trzcinski. All supplies included.

**Succulent Workshop**
With Melissa Tebbenhoff
Succulent Pumpkin Workshop • October 14 • 9:30–11:30 AM
$85 ($90 for not–yet–members)
Succulent Topiary Candlesticks • November 11 • 9:30–11:30 AM
$90 ($95 for not–yet–members)
Living Succulent Christmas Tree • December 9 • 9:30–11:30 AM
$100 ($105 for not–yet–members)

**Holiday Ornament Clay Workshop**
With Instructor Greg Bryant
Tuesday, November 14 • 1–3 PM
$40 ($50 for not–yet–members)

**Sumi–e: Japanese Ink Painting (5-Week Class)**
With Artist Norene Spencer
Tuesdays • November 7–December 5
11 AM–1 PM
$85 ($110 for not–yet–members)

**Intro to Botanical Watercolor**
With Artist Karen Spaulding
Wednesday, December 6 • 9 AM–1:30 PM
$70 ($85 for not–yet–members)
Attention beginning and aspiring artists! Join us for this half day workshop where first- hand knowledge from instructor Karen Spaulding will show you how to take your well-designed drawing through the necessary stages to begin a beautiful, botanical watercolor. Karen is a lifelong artist, member of several watercolor societies, and enjoys sharing her love of painting with a handful of students in her Hampton studio. All supplies will be included for this introduction to employing traditional drawing and watercolor methods, bringing you more confidence to record and honor the beauty of our natural world. Please bring a bag lunch.
live well

Sow the seeds for your healthy lifestyle.
All supplies included.

Garden Yoga (4–Week Class)
Mondays, August 28–September 25 (no class on Sept. 4),
October 9–October 30, November 13–December 11
(no class on Nov. 20)
9:30–10:30 AM
With Certified Instructor Ann Williams
Wednesdays, August 30–September 27 (no class on Sept. 6),
October 11–November 1, November 15–December 13
(no class on Nov. 22)
9:30–10:30 AM
With Certified Instructor Carly Joelle
Fridays, September 1–September 29 (no class on Sept. 8),
October 13–November 3, November 17–December 15
(no class on Nov. 24)
9:30–10:30 AM
With Certified Instructor Brier King
$40 ($55 for not–yet–members)

Evening Yoga (6–Week Class)
With Certified Instructor Karen Babcock
Tuesdays, September 5–October 10 • 6–7 PM
$60 ($75 for not–yet–members)

Better Breathing (4–Week Class)
With Certified Instructor Brier King
Thursdays, September 7–September 28 • 6–7 PM
$40 ($55 for not–yet–members)

Beginner T’ai Chi (8–Week Class)
In partnership with the Tidewater T’ai Chi Center
Thursdays, October 12–December 7 (no class on Nov. 23)
9:30–10:30 AM
$100 ($120 for not–yet–members)

Intermediate T’ai Chi (8–Week Class)
In partnership with the Tidewater T’ai Chi Center
Thursdays, October 12–December 7 (no class on Nov. 23)
10:30–11:30 AM
$100 ($120 for not–yet–members)

Roots, Bark, Berries & Seed Medicine
With Herbalist Mary K Scott
Saturday, October 21 • 10:00 AM–1:00 PM
$50 ($60 for not–yet–members)
Explore and identify some of the most medicinally beneficial winter/fall offerings that nature provides to add to your home apothecary! Learn different methods of extraction to capture those benefits for home use. Take home a 1 oz. tincture.

Winter Wellness
With Herbalist Mary K Scott
Saturday, November 18 • 10:00 AM–1:00 PM
$50 ($60 for not–yet–members)
Explore herbal folk methods to ensure a healthy season with plant power! Experience a wonderful afternoon learning how to concoct fire cider, teas, syrups, onion plasters and an overview of many beneficial tinctures specific for cold and flu prevention. Each participant will receive a bottle of elderberry syrup.

Botanical Beauty
With Herbalist Mary K Scott
Saturday, December 9 • 10:00 AM–1:00 PM
$50 ($60 for not–yet–members)
Make your own green beauty products from plants and flowers that are easy to grow. You will learn how to confidently select, source and blend flowers and herbs into oils for lip balms, creams and lotion bars.

Jam, Jelly, and Canning 101
With Chef David Hannah
Saturday, October 14 • 10 AM–12 PM
Saturday, December 2 • 10 AM–12 PM
$40 ($50 for not–yet–members)
Learn the basic fundamentals of canning as you make and take home your own jars of pepper jelly. You’ll learn various skills and techniques to take your jelly from basic to the high end bistro sandwich. You will be sampling foods that compliment pepper jelly recipe so save room for snacks.

The Fundamentals of Pizza Making
With Chef David Hannah
Tuesday, October 17 • 6–8 PM
$45 ($55 for not–yet–members)
In this class attendees will learn the basics of making Neapolitan style pizza. You will learn various techniques in making dough, making the ideal pizza sauce, and make your own pizza for your personal enjoyment.
dig deeper

Tree ID Walk & Talk
With ODU graduate student, Devani Jolman

**Wednesday, September 20 • 1–2:30 PM**

* $11 ($16 for not–yet–members)

Do you ever wonder what trees are in your neighborhood? Come and learn the basics of tree identification and practice those skills while walking through the beautiful garden! Not only will you learn to identify the common trees of Virginia, but you will also hear about their habitat and ecology. This class will be a combination of lecture and walk and talk. Please wear appropriate footwear and be prepared to be outside.

Bonsai: Overwintering Your Trees and Fall Bonsai Work
With NBG Dedicated Bonsai Volunteers

**Saturday, September 23 • 10 AM–12 PM**

* $16 ($21 for not–yet–members)

How to over-winter your Bonsai Trees. Basic preparation techniques and general care recommendations during the winter months will be discussed, for both Temperate and Tropical trees. Plus, some specific Bonsai tree species that require development work in fall/early winter will be covered. Participants are encouraged to bring one or more of their own trees if they have any to discuss and present for this class.

Cooking with Mushrooms
With Ryan Staab of Capstone Mushroom

**Tuesday, September 26 • 6–8 PM**
**Thursday, October 12 • 6–8 PM**

* $45 ($55 for not–yet–members)

Curious about the world of wild and cultivated mushrooms? Find out not only how to procure the finest fungal delicacies, but also how to prepare them to dazzle the entire family. In this class we have Ryan Staab, owner of Capstone Mushroom, preparing gourmet mushrooms directly from his farm in Virginia Beach. King Trumpet Jerky, Lion’s Mane “crab” cakes, beer battered fried oyster mushrooms and more. After class ends you will depart with your very own Capstone Mushrooms to go home with and show off your new skills.

Mushroom Medicine
With Ryan Staab of Capstone Mushroom

**Saturday, December 2 • 10 AM–12 PM**

* $16 ($21 for not–yet–members)

From antibiotics to anti-cancer drugs, mushrooms have considerably contributed and even revolutionized medicine of the 20th and 21st century. Come explore the world of medicinal fungi with Ryan Staab, owner of Capstone Mushroom, as he shares how mushrooms can lead to a healthier and happier life for you and your family. You will be taught basic identification methods, how to make your own mushroom medicines, as well as the most up to date science of the how and why mushrooms can help heal our planet and families during this pivotal time in history.

Bonsai: Overwintering Your Trees and Fall Bonsai Work
With NBG Dedicated Bonsai Volunteers

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Invasive Plant Management
With Horticulture Associate of Virginia Tech Dr. Laurie Fox

**Tuesday, October 10 • 6–7:30 PM**

* $16 ($21 for not–yet–members)

What is an invasive plant? Do you recognize these invasive plants? How do you get rid of them? Dr. Laurie Fox with Virginia Tech will answer all these questions and more in her presentation on managing these difficult plants in our landscapes.

Gardening as You Age
With Horticulture Associate of Virginia Tech Dr. Laurie Fox

**Thursday, December 7 • 10–11:30 AM**

* $16 ($21 for not–yet–members)

It’s hard to admit that you can’t work as long or as hard in the garden as you used to. So, you just have to work smarter! Dr. Laurie Fox with Virginia Tech will share some frustrations and fixes for gardening with the challenges that come with age.

Mushroom Cultivation
With Ryan Staab of Capstone Mushroom

**Tuesday, October 3 • 6–8 PM**

* $35 ($45 for not–yet–members)

Ryan Staab, owner of Capstone Mushroom farm, grows thousands of pounds of mushrooms a year. He wishes to share his knowledge and some of his trade secrets to help you get started growing your own mushrooms in no time. Hands on demonstrations, your own take home workbook, and more, including your very own mushroom “grow kit” to go home with. You are not going to want to miss this one!
**YOUTH PROGRAM REGISTRATION**

Unless otherwise noted, NBG Member adults may register a free chaperone ticket with a registered child participant. Not-yet-members tickets must be purchased for children and adults for all programs. For additional information on all our programs or to register for a class, visit our website or email us at: youthed@nbgs.org.

**PROGRAM DESCRIPTIONS**

**Little Sprout Explorers**
Introduce your pre-k aged children to nature and science concepts through crafts, hands-on exploration, walking tours, and a story time to support the topic of each themed program.

**Homeschool Garden Science**
Review topics relating to botany, water ecology, environmental science, and so much more! Homeschool programs are generally recommended for students ages 6-11.

**Jr. Garden Artists**
Let the Garden inspire you as you create nature-themed art! Most art classes recommended for artists ages 4-12.

**Caterpillar Club**
*September • 9:30 AM*
Meet at the Butterfly House to say good morning to the caterpillars and butterflies!

**Tales for Tots**
*October • 10 AM*
Meet in the WOW Children’s Garden for a story time, walking adventure, and craft themed around some of our favorite Garden storybooks.

**Fall in the Garden**
*November • 10 AM*
Meet in the WOW Children's Garden to learn about how the Garden changes in the fall.

**Winter in the Garden**
*December • 10 AM*
Meet in the WOW Children's Garden to learn about how the Garden gets ready for winter.

**Storybook Tea Party**
Join us in the WOW Children’s Garden for a tea party and story time. Don’t forget to bring your favorite stuffed animal! Recommended for ages 3+. Light refreshments included for participating children.

**Family Twilight Trek**
Dissect an owl pellet, decorate a set of binoculars, then go on a sunset walk through the Garden. Recommended for ages 5+ with caregiver participation. Moderate walking required. All child and adult participants must have a registered ticket.

**Girl Scout Outdoor Art Day**
Bring your Girl Scouts to NBG to earn their Daisy, Brownie, and Junior Shapes in Nature Badge. This program includes self-guided and guided activities and the corresponding program badges for each Scout level.

**Into the Woods Cub Scout Day**
Bring your Cub Scouts, Webelos and Arrow of Light Scouts to the Garden to earn their Into the Woods Pin! This program includes self-guided and guided activities and an Into the Woods pin for each participating Scout.

**NBG Homeschool Day**
Join us in the Garden to complete self-guided and guided activities, all while celebrating the fall season! Recommended for children ages 5+ with significant chaperone participation.

**Other activities included with Garden admission such as scavenger hunts, story times, crafts, walking tours, and discovery carts are offered daily in the WOW Children’s Garden!**
CHILDREN’S BIRTHDAY PARTIES

Book a birthday party in the WOW Children’s Garden! Pricing starts at $275 and includes a WOW classroom rental, staff to assist with day-of logistics, themed table decorations and tablecloths, Garden admission for party guests, and paperware for the party.

COMPLIMENTARY ADD-ON

All birthday party rentals hosted in mid-October through early April will include a complimentary A Very Hungry Caterpillar themed classroom decorations, story time, and craft!

FIELD TRIPS & OUTREACHES

Book an NBG field trip or outreach program for the 2023–2024 school year! All programs are Virginia Standards of Learning (SOL) aligned, and are a great way to reinforce concepts relating to nature, environmental science, ecology, water conservation and so much more!