

COURSE CALENDAR
& CATALOG

FLOWER

MAY — AUGUST 2022

norfolk
botanical
garden

CONTACT

Adult Programs
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COURSE COLOR KEY

GARDEN
EXPLORE
CREATE
LIVE WELL
DIG DEEPER
SPROUTS/FAMILY FUN
SPECIAL EVENT

may

REGISTRATION INFORMATION

Preregistration is required for all classes and programs unless otherwise indicated. Register online, in person, or by phone. Become a member and receive a discount on classes & much more! Membership fees can be included with your registration. All class prices include Garden admission.

MEMBER DISCOUNT POLICY

Members with an individual membership receive a discount on *1 ticket per class*. Members with a family membership receive a discount on up to *2 tickets per class* for adult classes and up to *6 tickets per program* for youth and family programs.

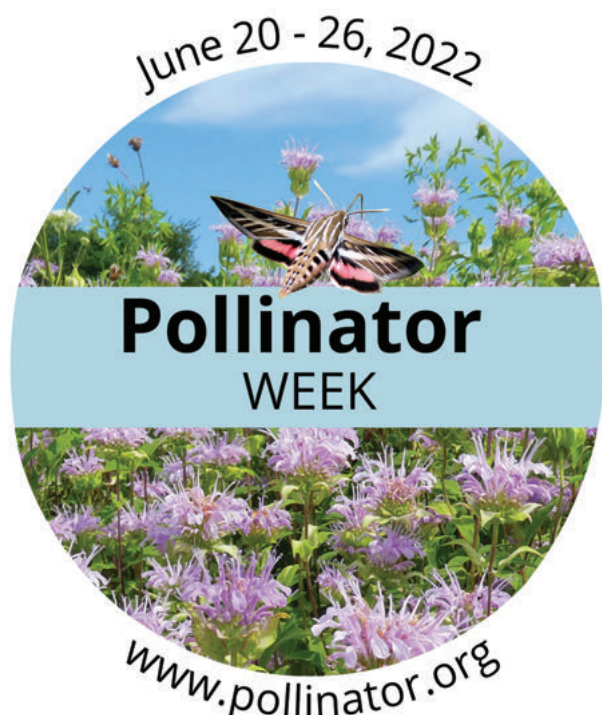
CLASS REFUND POLICY

Cancellations five or more business days prior to the program start date, refunds less 20% processing fee (min. \$5). No refunds for cancellations one to four business days prior to program start date. Courses canceled by the Garden due to low enrollment or hazardous weather conditions are fully refunded.

SUSTAINABILITY

This catalog is printed on paper made with 100% recycled fiber. Please recycle this catalog or pass it on!

- 05/04 **Storybook Tea Party**
- 05/05 **Beginner T'ai Chi (8-Week Class)**
Intermediate T'ai Chi (8-Week Class)
- 05/06 **Mother's Day Floral Arrangement Workshop**
Family Twilight Trek
- 05/10 **Dig and Divide in Statuary Vista**
Luminous Colored Pencils (4-Week Class)
Backyard Bluebirds
Sunset Kayaking
- 05/12 **Garden Stars**
Hummingbirds - Zoom
- 05/14 **Saturday Yoga**
Backyard Bluebirds
Nature Journaling
- 05/17 **Rose Garden Walk & Talk**
Mushroom Medicine
Sunset Kayaking
- 05/18 **Canal Walk & Talk**
Native Plant Seed Project
- 05/19 **Camellia Pruning Walk & Talk**
Batty for Bats
- 05/20 **Family Twilight Trek**
- 05/21 **Garden Highlights Walk & Talk**
Watercolors
Quilling
- 05/23 **Monday Yoga (4-week class)**
- 05/24 **Wildflower Meadow Walk & Talk**
Mushroom Cultivation
Sunset Kayaking
- 05/25 **Wednesday Yoga (4-week class)**
- 05/26 **Intro to Edible Weeds**
Natural Soapmaking Workshop
Owl Prowl
- 05/27 **Fairy & Gnome Summer Homes**
- 05/28 **Color Mixing Essentials (Watercolor)**
- 05/31 **Sunset Kayaking**



june

- 06/01 Herb Container Workshop
Storybook Tea Party
- 06/02 Wildflower Meadow Walk & Talk
50 Shades of Pollination - Zoom
- 06/03 Family Twilight Trek
- 06/04 Nature Journaling Kids' Club
- 06/07 Worm Composting
Sunset Kayaking
Evening Yoga (4—week class)
Garden Stars
- 06/08 Frames & Games: DIY Picture Frames
- 06/09 Art in the Garden Walk & Talk
Owl Prowl
- 06/11 Monarch Waystation Workshop
Saturday Yoga
Botanical Beauty
Watercolors
- 06/14 Origami - Butterfly Mobile
Digital Photography
Hydrangeas Walk & Talk
Sunset Kayaking
- 06/15 Root Down: Plant Microbiomes
Summer Apothecary
Frames & Games: Tree Cookie Tic-Tac-Toe
- 06/16 Wednesday Oil Painting (8—week class)
Hydrangeas, the Big Leaf & the Beautiful
Natural Soapmaking Workshop
Basic Bike Anatomy
- 06/17 Family Twilight Trek
- 06/19 Suds & Buds Fundraising Event
- 06/21 Building a Pollinator Habitat
Sunset Kayaking
- 06/22 Wednesday Oil Painting (8—week class)
Homegrown Tea
- 06/23 Steps Towards Solar - Zoom
Thursday Oil Painting (8—week class)
Summer Hanging Bouquet Floral Design
- 06/24 Fairy & Gnome Summer Homes
Garden Highlights Walk & Talk
- 06/25 Color Mixing Essentials (Watercolor)
Saturday Yoga
- 06/26 Home Gardener Day
- 06/27 Monday Yoga (4—week class)
- 06/28 Sunset Kayaking

Home Gardener Day Sunday, June 26, 2022



Sponsored by Virginia Horticulture Foundation

Home Gardener Day brings together gardening enthusiasts of all backgrounds for a day of thought provoking and informative programs. This year's theme centers on plants as problem solvers with nature and native plants as the common thread throughout the day. This all-day event includes lunch and educational booths to enjoy from like-minded organizations.

Guest Speakers

David Mizejewski

Naturalist and television host with the National Wildlife Federation speaking on natural gardening in an era of climate change.

Kim Eierman

Founder of EcoBeneficial LLC speaking on pollinator gardens and native plant alternatives to turf grass.

Kathleen Wellington

A Licensed Professional Counselor in Virginia who has spent 40+ years working in the behavioral health field, speaking on the beneficial connection between nature and mental health.

For more details,
registration information,
and program updates,
please scan the QR code
to visit our website:



BUTTERFLY FESTIVAL



Saturday, July 16

10 AM — 4 PM

Free with Garden Admission

Join NBG and the Butterfly Society of Virginia for the 2022 Butterfly Festival! Enjoy educational booths and demonstrations, as well as lots of activities for butterfly enthusiasts of all ages. Guests are encouraged to dress up in their best butterfly costume.



**Butterfly House Opens
This Summer**

july

- 07/05 **Butterfly Garden Walk & Talk**
Capturing the Light in Flowers Watercolors (4-week class)
Sunset Kayaking
Garden Stars
- 07/06 **Living Life Less Plastic**
Storybook Tea Party
- 07/07 **Hardy Ferns**
Beginner T'ai Chi (8-Week Class)
Intermediate T'ai Chi (8-Week Class)
Flower Power
- 07/08 **Family Twilight Trek**
- 07/12 **Butterfly Garden Walk & Talk**
Origami - Water Lilies
Sunset Kayaking
Owl Prowl
Moth Night at NBG
- 07/13 **Crape Myrtle Walk & Talk**
Summer Elegance Floral Design
Frames & Games: DIY Picture Frames
- 07/14 **Summer Blooms Walk & Talk**
- 07/19 **Cooking with Mushrooms**
Sunset Kayaking
- 07/20 **Plant Breeding and Cultivation**
Frames & Games: Tree Cookie Tic-Tac-Toe
- 07/21 **Beyond Butterfly Bush**
Plants for Plucked Nerves
Bike Packing and Planning
- 07/22 **Family Twilight Trek**
- 07/23 **Beyond Butterfly Bush**
Clay Jewelry Workshop
Watercolors
- 07/26 **All Ages Jellyfish Sculpture Workshop**
Evening Yoga (6-Week Class)
Sunset Kayaking
- 07/27 **Living Life Less Plastic**
- 07/28 **Natural Soapmaking Workshop**
- 07/29 **Garden Highlights Walk & Talk**
Fairy & Gnome Summer Homes
- 07/30 **Hanging Macramé Planter Workshop**
Quilling
Color Mixing Essentials (Watercolor)

august

- 08/02 **Sunset Kayaking**
Digital Photography
Watercolors - Landscape
Garden Stars
- 08/03 **Storybook Tea Party**
- 08/05 **Family Twilight Trek**
- 08/09 **Sustainable Gardening 101**
In the Kitchen with Invasive Species
Sunset Kayaking
- 08/10 **Frames & Games: DIY Picture Frames**
- 08/11 **Wildflower Meadow Walk & Talk**
Origami - Flowering Vine
- 08/13 **Backyard Bluebirds**
Nature Journaling
Watercolors
- 08/15 **Monday Yoga (4—week class)**
- 08/16 **Wildflower Meadow Walk & Talk**
Sunset Kayaking
Natural Soapmaking Workshop
Owl Prowl
- 08/17 **Wednesday Yoga (4—week class)**
What Do Bees Do All Day?
Frames & Games: Tree Cookie Tic-Tac-Toe
- 08/18 **Backyard Bluebirds**
Basic Tune Up Concepts
Blooming Letter Centerpiece Floral Design
- 08/19 **Family Twilight Trek**
- 08/23 **Succulent Frame Workshop**
Sunset Kayaking
- 08/24 **Succulent Frame Workshop**
- 08/25 **Gardening for the Home Brewer**
- 08/26 **Garden Highlights Walk & Talk**
WOW End of Summer Celebration
- 08/27 **Small Trees for Today's Gardens**
Color Mixing Essentials (Watercolor)
- 08/30 **Sunset Kayaking**



Saturday, August 20
10 AM — 4 PM

Free with Garden Admission

Join the Beekeepers Guild of Southeast Virginia and Norfolk Botanical Garden again this year for a fun-filled day with bee products, activities, vendors and great information. Learn how to raise bees and purchase “bee” plants to create a bee-friendly yard. Taste honey samples, look inside a bee hive and participate in great activities for the entire family! Kids that come dressed as a bee get a free honey stick! Special activities also in the Children’s Garden.



garden

Grow your green thumb and learn how to keep your garden thriving.

Dig and Divide in Statuary Vista

With Nursery Manager Pat Sisson

Tuesday, May 10 • 9:30–11 AM

\$25 (\$35 for not-yet-members)

Learn the proper way to divide and transplant a variety of perennial plants that participants will then take home. Walking required.

Intro to Edible Weeds

With Senior Horticulturist Mary Toth

Wednesday, May 25 • 1–3 PM

\$16 (\$21 for not-yet-members)

Learn how to identify, prepare and get familiar with the nutritional wonders of the wild weeds that are growing in your own backyard. Indoor presentation followed by an outdoor tour.

Herb Container Workshop

With Horticulturist Hunter Clark

Wednesday, June 1 • 9:30–11:30 AM

\$40 (\$55 for not-yet-members)

Make and take! Learn all about various herbs, including those we'll be planting. Then take home a container of herbs that will last you through the summer. All materials included.

Worm Composting

With Master Gardener Kandy Keith

Tuesday, June 7 • 6:30–8:30 PM

\$40 (\$55 for not-yet-members)

Turn your kitchen waste into a dark rich soil conditioner. Each participant will make a worm compost bin, complete with starter worms! All supplies included.

Monarch Waystation Workshop

With Senior Horticulturist Linda Saunders and

Butterfly Expert Lauren Tafoya

Saturday, June 11 • 9 AM–12 PM

\$50 (\$65 for not-yet-members)

Learn the basics of monarch butterflies and their life cycles, migration, and what it takes to be certified as a Monarch Waystation during this lecture and walking tour.

Root Down: Plant Microbiomes

With Plant Recorder Ray Volkin

Wednesday, June 15 • 1–3 PM

\$16 (\$21 for not-yet-members)

Who knew such small critters could make such a large impact? Explore the world of the rhizosphere and find out what microorganisms you could be welcoming into your garden—both helpful and harmful.

Hydrangeas—The Big Leaf and the Beautiful

With Horticulturist Scott Blair

Thursday, June 16 • 1–3 PM

\$16 (\$21 for not-yet-members)

In this class we will discuss the different species and their role in the garden.

Indoor presentation followed by an outdoor walking tour.

Building a Pollinator Habitat

With Adult Education Manager Alexandra Cantwell

Tuesday, June 21 • 2–3 PM

Free with Garden Admission!

Celebrate pollinator week by learning how you can help them at home! This free program will cover the basics of building a better habitat for home gardeners.

Pre-registration required.

Hardy Ferns

With Senior Horticulturist Mary Toth

Thursday, July 7 • 1–3 PM

\$16 (\$21 for not-yet-members)

Learn about the best ferns to use in your home landscape—including design elements and plant care. Indoor presentation followed by an outdoor tour.

Plant Breeding and Cultivation

With Plant Recorder Ray Volkin

Wednesday, July 20 • 1–3 PM

\$16 (\$21 for not-yet-members)

Celebrate Gregor Mendel's 200th birthday with us by learning about plant breeding! Find out what techniques the father of genetics used and how they are still pertinent today. Experience it here at NBG's very own rose garden.

Beyond Butterfly Bush—Attracting Butterflies to your Garden Using Native Plants

With Senior Horticulturist Tom Houser

Thursday, July 21 • 1–3 PM

Saturday, July 23 • 10 AM–12 PM

\$16/class (\$21/class for not-yet-members)

Senior Horticulturist Tom Houser will give a presentation on plants native to the Eastern United States that will not only attract butterflies to your garden but also be useful to the Birds and the Bees! Presentation will be followed by tour of plants currently in bloom.

Sustainable Gardening 101

With Horticulturist Scott Blair

Tuesday, August 9 • 1–3 PM

\$16 (\$21 for not-yet-members)

Learn how developing a more interactive relationship with nature can benefit you. This class will teach you the basics of utilizing natural conditions, optimizing outdoor space, and learning how to integrate edible plants into your yard.

Small Trees for Today's Gardens

With Director of Horticulture Les Parks

Saturday, August 27 • 9:30–11:30 AM

\$16 (\$21 for not-yet-members)

This class will explore smaller trees that are well suited to the climate in Coastal Virginia, many of them have wonderful flowers, foliage, or fruit.

Succulent Frame Workshop

With Horticulturist Danette Blevins

Tuesday, August 23 • 9:30–11:30 AM

With Adult Education Manager Alexandra Cantwell

Wednesday, August 24 • 1–3 PM

\$50 (\$65 for not-yet-members)

Learn how to care for succulents while creating your own beautiful succulent frame masterpiece. All supplies included.

Gardening for the Home Brewer

With Adult Education Manager Alexandra Cantwell

Thursday, August 25 • 1–3 PM

\$16 (\$21 for not-yet-members)

This class is geared toward those with an interest in craft beers and the adventurous home brewer! From grains to hops, and a variety of herbal additions and more, this program explores what plants work well in homebrews, and how to grow them.



FREE GARDEN WALK & TALKS

FREE WITH GARDEN ADMISSION

Walking required, weather permitting. These casual informative walks will allow plenty of time for questions and photos.

Rose Garden Walk & Talk

With Curator of Woody Plants Carl Simmons

Tuesday, May 17 • 9:30–11 AM

Canal Walk & Talk

With Director of Living Landscapes Brian O'Neil

Wednesday, May 18 • 10–11:30 AM

Camellia Pruning Walk & Talk

With Horticulturist Scott Blair

Thursday, May 19 • 1–3:00 PM

Garden Highlights Walk and Talks

With Director of Horticulture Les Parks

Saturday, May 21 • 10–11:30 AM

With Adult Education Manager Alexandra Cantwell

Friday, June 24 • 10–11:30 AM

Friday, July 29 • 10–11:30 AM

Friday, August 26 • 10–11:30 AM

Art in the Garden Walk & Talk

With President and CEO Michael Desplaines

Thursday, June 9 • 10–11:30 AM

Hydrangea Walk & Talk

With Horticulturist Scott Blair

Tuesday, June 14 • 1–2:30 PM

Wildflower Meadow Walk & Talk

With Senior Horticulturist Tom Houser

Tuesday, May 24 • 9:30–11 AM

Thursday, June 2 • 9:30–11 AM

Thursday, August 11 • 9:30–11 AM

Tuesday, August 16 • 9:30–11 AM

Crape Myrtle Walk & Talk

With Horticulturist Daniel Fulford

Wednesday, July 13 • 10–11:30 AM

Summer Blooms Walk & Talk

With Curator of Herbaceous Plants Michelle Baudanza

Thursday, July 14 • 9:30–11 AM

Butterfly Garden Walk & Talk

With Senior Horticulturist Linda Saunders

Tuesday, July 5 • 10–11:30 AM

Tuesday, July 12 • 10–11:30 AM

explore

Let curiosity take root with our nature and wildlife programs.

Backyard Bluebirds

With Senior Horticulturist Tom Houser

Tuesday, May 10 • 1–3 PM

Saturday, May 14 • 9:30–11:30 AM

Saturday, August 13 • 9:30–11:30 AM

Thursday, August 18 • 9:30–11:30 AM

\$16 (\$21 for not-yet-members)

Senior Horticulturist Tom Houser will give you tips on how to attract Eastern Bluebirds to your yard based on his experiences here at NBG as well as his own back yard. This class will start with a short classroom presentation followed by a tour of nesting activity in our 16-box Bluebird Trail.



Sunset Kayaking

In partnership with Kayak Nature Tours

Tuesday, May 10, 17, 24, 31 • 6 PM–Sunset

Tuesday, June 7, 14, 21, 28 • 6:30 PM–Sunset

Tuesday, July 5, 12, 19, 26 • 6:30 PM–Sunset

Tuesday, August 2, 9, 16, 23, 30 • 6 PM–Sunset

\$50 (\$65 for not-yet-members)

Enjoy a relaxing paddle on Lake Whitehurst with experienced guides. No experience necessary.

Garden Stars

In partnership with the Back Bay Astronomers

Thursday, May 12 • 8:30–10 PM

Thursday, June 7 • 8:30–10 PM

Tuesday, July 5 • 8:30–10 PM

Tuesday, August 2 • 8:30–10 PM

\$16 (\$26 for not-yet-members)

Come out for an evening under the stars with the Back Bay Astronomers and their powerful telescopes. Walking required.



Owl Prowl

With Wildlife Rehabber Dana Lusher

Thursday, May 26 • 7–9 PM

Thursday, June 9 • 7–9 PM

Tuesday, July 12 • 7–9 PM

Tuesday, August 16 • 7–9 PM

\$16 (\$26 for not-yet-members)

Join us for a guided tour of the Garden in search of these magnificent night hunters—after meeting them in person! Walking required.

What Do Bees Do All Day?

With Assistant Horticulturist Stephen Biela

Wednesday, August 17 • 1–3 PM

\$16 (\$21 for not-yet-members)

Learn fun facts and trivia about the hard working honeybee. There's more to do besides gathering nectar and pollen—we'll find out with very special guests.

create

Cultivate your creativity with these garden-inspired workshops. All supplies included.



Wednesday Oil Painting (8–Week Class)

With Artist Adele Loomans

Wednesdays • 9:45–11:45 AM

April 20–June 8, June 22–August 10

\$150 (\$175 for not–yet–members)

Thursday Oil Painting (8–Week Class)

With Artist Adele Loomans

Thursdays • 9:45–11:45 AM

April 21–June 9, June 23–August 11

\$150 (\$175 for not–yet–members)

Watercolors

With Artist Diana Davis

Saturdays • 9 AM–1:30 PM

Seashells and the Beach • May 21

Hydrangeas and Butterflies • June 11

Pagoda from Japanese Garden • July 23

Sunflowers • August 13

\$60 (\$75 for not–yet–members)

Origami

With Paper Artist Rich Gray

Butterfly Mobile • June 14 • 6:30–8:30 PM

Water Lilies • July 12 • 6:30–8:30 PM

Flowering Vine • August 11 • 6:30–8:30 PM

\$16 (\$26 for not–yet–members)

Digital Photography

With professional photographer Dee Akright

6:30–8:30 PM

Beginning Photography • Tuesday, June 14

Intermediate Photography • Tuesday, August 2

\$40 (\$55 for not–yet–members)

Bring your camera and manual.

Floral Design Workshops

With Senior Horticulturist Mary Toth

Mother's Day Floral Arrangement

May 6 • 9:30–11 AM or 12–1:30 PM

Summer Hanging Bouquet Floral Design

June 23 • 11 AM–12:30 PM or 1:30–3 PM

Summer Elegance Floral Design

July 13 • 11 AM–12:30 PM or 1:30–3 PM

Blooming Letter Centerpiece Floral Design

August 18 • 11 AM–12:30 PM or 1:30–3 PM

\$60/Workshop (\$75 for not–yet–members)

Hanging Macramé Planter Workshop

With Katie Hunt of BoHome Style

Saturday, July 30 • 10 AM–12 PM

\$55 (\$65 for not–yet–members)

In this workshop, you'll learn the basic macramé knots in a fun, relaxed environment. All of the supplies will be provided, including beads and fabric dye if you want to get really wild!

Natural Soapmaking Workshop

With instructor Kollyn Zeder

6:30–8:30 PM

May 26 • June 16 • July 28 • August 16

\$50 (\$65 for not–yet–members)

Quilling

With instructor Kollyn Zeder

Saturdays • 9:30–11:30 AM

May 21 • July 30

\$25 (\$35 for not–yet–members)

Luminous Colored Pencils (4–Week Class)

With Instructor Alisha Brown

Tuesdays, May 10–May 31 • 10 AM–12 PM

\$70 (\$85 for not–yet–members)

Students learn the techniques involved in creating their own colored pencil masterpiece over this comprehensive 4 week course. Students bring a reference photo of their choice.

Clay Jewelry Workshop

With Artist Danielle Shindledecker of Bayside Clay

Saturday, July 23 • 9:30 AM–12 PM

\$60 (\$75 for not–yet–members)

Lightweight, durable and trendy. In this workshop, you will design & create your own garden-themed polymer clay earrings with Bayside Clay.

Color Mixing Essentials (Watercolor)

With Instructor Rowena Finn

Saturdays • 9:30 AM–12:30 PM

May 28 • June 25 • July 30 • August 27

\$60/class (\$75/class for not–yet–members)

Working with a limited palette (only 6 colors), students will learn the three components of color and how to mix exactly the color you need to match what we see in nature.

Capturing the Light in Flowers Watercolor (4–Week Class)

With Instructor Rowena Finn

Tuesdays • 9:30 –11:30 AM

July 5–July 26

\$150 (\$175 for not–yet–members)

This weekly class is ideal for both beginning and experienced watercolorists. Students will draw and paint botanicals from life, with special emphasis on mastering value and capturing the light that glows on top of and through petals and leaves.

Native Plant Seed Project

With 757 Creative ReUse Center

Wednesday, May 18 • 1–2:30 PM

\$11 (\$16 for not–yet–members)

Participants will use discarded paper products like egg cartons, newspapers, and used printer paper and to make new colorful handmade paper with a special surprise! This paper will have wildflower seeds inside, so it can be gifted and then planted to help grow beautiful flowers to support birds and pollinators.

All Ages Jellyfish Sculpture Workshop

With 757 Creative ReUse Center

Tuesday, July 26 • 11 AM–12 PM

\$11 (\$16 for not–yet–members)

Participants will use clean soda bottles and other plastic waste as materials to create colorful jellyfish sculptures.



live well

Sow the seeds for your healthy lifestyle.
All supplies included.



Garden Yoga (4–Week Class)

With Certified Instructor Julie Paddock

**Mondays, May 23–June 20 (Memorial Day week off),
June 27–July 25, August 15–September 12 (Labor Day
week off) • 9:30–10:30 AM**

**Wednesdays, May 25–June 22 (Memorial Day week off),
June 29–July 27, August 17–September 14 (Labor Day
week off) • 9:30–10:30 AM**

\$40 (\$55 for not–yet–members)

Saturday Yoga

With Certified Instructor Carolyn Boucher

Saturdays • 9:30–10:30 AM

May 14 • June 11 • June 25

\$11 (\$16 for not–yet–members)

Evening Yoga

With Certified Instructor Karen Babcock

4–Week Class, Tuesdays, June 7–June 28 • 6–7 PM

\$40 (\$55 for not–yet–members)

6–Week Class, Tuesdays, July 26–August 30 • 6–7 PM

\$60 (\$75 for not–yet–members)

Beginner T'ai Chi (8–Week Class)

In partnership with the Tidewater T'ai Chi Center

Thursdays, May 5–June 23, July 7–August 25

9:30–10:30 AM

\$100 (\$120 for not–yet–members)

Intermediate T'ai Chi (8–Week Class)

In partnership with the Tidewater T'ai Chi Center

Thursdays, May 5–June 23, July 7–August 25

10:30–11:30 AM

\$100 (\$120 for not–yet–members)

Nature Journaling

With Horticulturist Erin Caricofe

Saturday, May 14 • 9–10:30 AM or

Saturday, August 13 • 9–10:30 AM

\$20 (\$25 for not–yet–members)

Bring a beginner's mind to outdoor observation, and try your hand at nature journaling. Class focus will be on using our senses to write and sketch in ways that connect you with the world around you. What do you see, hear, smell, feel? What has changed since last season? Class will begin with an inspiring presentation, then we'll walk to a destination or two and spend some time relaxing and being curious. Sharing your journaling is welcome, but not required.

Botanical Beauty

With Herbalist Mary K Scott

Saturday, June 11 • 10 AM–1 PM

\$60 (\$75 for not–yet–members)

Make your own green beauty products from plants and flowers that are easy to grow. We will learn how to confidently select, source and blend flowers and herbs into oils for lip balms, creams and lotion bars.

Summer Apothecary

With Herbalist Mary K Scott

Wednesday, June 15 • 1–4 PM

\$50 (\$60 for not–yet–members)

Join us as we walk through the Garden (weather permitting) identifying and foraging summer weeds and flowers that support good health and vigor. We'll begin in the classroom and end at the tea garden by the greenhouse to sample our selections!

Get to Know Your Bike!

With Local Bike Shop NFK

Thursdays, 5:30–7:30 PM

Basic Bike Anatomy • June 16

Bike Packing and Planning • July 21

Basic Tune Up Concepts • August 18

\$20 (\$25 for not–yet–members)

Join the LBS NFK team for an educational session followed by a casual group ride through the Garden. Don't forget to bring your bike!

Homegrown Tea

With Herbalist Mary K Scott

Wednesday, June 22 • 1–4 PM

\$50 (\$60 for not–yet–members)

Design a medicinal plant garden specific to the Tidewater area. Class includes harvesting tips and nutritious recipes designed to support your health and wellbeing. Weather permitting, we will stroll to the tea garden for a hands on experience meant to inspire your own home apothecary.

Flower Power

With Herbalist Mary K Scott

Thursday, July 7 • 1–4 PM

\$50 (\$60 for not–yet–members)

Experience different seasonal flowers and their potent power for keeping us cool this season! Lavender lemonade, blackberry vinegar shrubs, elder flower tea, rose elixirs and much more for a summer pick-me-up with many demonstrations and tastings!

Plants for Plucked Nerves

With Herbalist Mary K Scott

Thursday, July 21 • 1–4 PM

\$50 (\$60 for not–yet–members)

We will explore plants that can soothe frayed nerves, help promote sleep, provide calm throughout the day and address the spiraling mind that can sometimes lead to panic! Instructions on how to grow, harvest and process for a natural remedy to many nervous conditions. Lots of sampling and demonstrations in the hopes that you will find the plant allies most suited to your constitution!

In the Kitchen with Invasive Species

With Instructor Devani Jolman

Tuesday, August 9 • 9:30–11 AM

\$35 (\$45 for not–yet–members)

Invasive species are a major topic of conversation at the table of ecology. Why not eat them as we discuss? Join me in making recipes using local invasive plants while learning about the role that invasive species have in our environment. This class will be an interactive eating and learning experience. Recipes will use a multitude of ingredients, some including dairy and gluten, but options will be available without.



dig deeper

Go beyond the basics for a deeper understanding.

Hummingbirds

With Dr. Shawn Dash of Hampton University

Thursday, May 12 • 6:30–7:30 PM

\$5 (\$10 not-yet-members)

Via Zoom

This lecture will provide insights into the complex ecology of these jeweled pollinators. Examining their evolution, their important role in the natural history of the communities they live. We will chat about their life, their roles, and some identification points, and of course how to attract them to your home and yard.

Batty for Bats

With Dr. Tatyana Lobova of Old Dominion University

Thursday, May 19 • 7–9 PM

\$16 (\$26 for not-yet-members)

Should you be frightened or delighted if you see bats in your backyard? Learn about common misconceptions and exciting facts about these unique mammals while trying to spot some in the night sky with the bat detector. Want to invite bats in your neighborhood? Learn about installation of bat houses from ODU biology professor Tatyana Lobova.

50 Shades of Pollination

With Dr. Shawn Dash of Hampton University

Thursday, June 2 • 6:30–7:30 PM

\$5 (\$10 not-yet-members)

Via Zoom

Learn about the evolution of species interactions, the mutualistic relationships of pollination, our local pollinators, and tips on gardening for them!

Steps Towards Solar– Zoom

With Nolie Diakoulas of Convert Solar

Thursday, June 23 • 6–7 PM

Free Program. Registration Required.

Via Zoom

Join Virginia's local solar provider to learn how solar works and how you could benefit by making the switch, and why you should choose energy independence for your home or business. And of course, be sure to check out our install at NBG when you visit.

Living Life Less Plastic

With Christina Trapani of Eco Maniac Company

Wednesday, July 6 • 1–2 PM or

Wednesday, July 27 • 1–2 PM

Included with Garden Admission.

Learn about steps you can take for a plastic free life.

Moth Night at the Norfolk Botanical Garden

With Maurice A. Cullen, Russ Halvorsen, Nate Gilbert of the Butterfly Society of Virginia

Tuesday, July 12 • 8:30–10:30 PM

\$16 (\$21 for not-yet-members)

Come learn about moths beginning with an indoor presentation of mounted specimens of both local and tropical moths, with a Q and A session. Participants will then move outside to see what species of moths are attracted to sheets using both UV and mercury vapor lights. Bait stations will also be set up for moths that are not particularly attracted to lights

Mushroom Medicine

With Ryan Staab of Capstone Mushroom

Tuesday, May 17 • 6–8 PM

\$16 (\$21 for not-yet-members)

From antibiotics to anti-cancer drugs, mushrooms have considerably contributed and even revolutionized medicine of the 20th and 21st century. Come explore the world of medicinal fungi with Ryan Staab, owner of Capstone Mushroom, as he shares how mushrooms can lead to a healthier and happier life for you and your families. You will be taught basic identification methods, how to make your own mushroom medicines, as well as the most up to date science of the how and why mushrooms can help heal our planet and families during this pivotal time in history.

Mushroom Cultivation

With Ryan Staab of Capstone Mushroom

Tuesday, May 24 • 6–8 PM

\$35 (\$45 for not-yet-members)

Ryan Staab, owner of Capstone Mushroom farm, grows thousands of pounds of mushrooms a year. He wishes to share his knowledge and some of his trade secrets to help you get started growing your own mushrooms in no time. Hands on demonstrations, your own take home workbook, and more, including your very own mushroom “grow kit” to go home with. You are not going to want to miss this one!

Cooking with Mushrooms

With Ryan Staab of Capstone Mushroom

Tuesday, July 19 • 6–8 PM

\$35 (\$45 for not-yet-members)

Curious about the world of wild and cultivated mushrooms? Find out not only how to procure the finest fungal delicacies, but also how to prepare them to dazzle the entire family. In this class we have Ryan Staab, owner of Capstone Mushroom, preparing gourmet mushrooms directly from his farm in Virginia Beach. King Trumpet Jerky, Lion's Mane “crab” cakes, beer battered fried oyster mushrooms and more. After class ends you will depart with your very own Capstone Mushrooms to go home with and show off your new skills.

sprouts

Programs and events for the whole family.



YOUTH PROGRAM REGISTRATION

Unless otherwise noted, NBG Member adults may register a free chaperone ticket with a registered child participant for in-person programs. Not-yet-members tickets must be purchased for children and adults for all in-person programs. For additional information on all our offered programs or to register for a class, visit our website or email us at: youthed@nbg.org.

IN-PERSON SUMMER PROGRAMS

Little Sprout Explorers

Introduce your pre-k aged children to nature and science concepts through crafts, hands-on exploration, walking tours, and a story time to support the topic of each themed program.

Homeschool Garden Science

Review topics relating to botany, water ecology, environmental science, and so much more! Homeschool programs are generally recommended for students ages 6-11.

Critter Club

Learn about the animals who call the Garden home through habitat investigation, crafts, and other hands-on, scientific activities.

Garden Artists

Let the Garden inspire you as you create nature-themed art! Programs will be offered throughout the summer for elementary and middle school-aged artists.



Storybook Tea Party

Join us in the WOW Children's Garden for a tea party and story time. Don't forget to bring your favorite stuffed animal! Recommended for ages 3+. Light refreshments included for participating children.

Wednesday, May 4 • 10–11 AM

Wednesday, June 1 • 10–11 AM

Wednesday, July 6 • 10–11 AM

Wednesday, August 3 • 10–11 AM

\$10/child for NBG Members.

(\$18/child and \$16/adult for not-yet-members.)

Family Twilight Trek

Dissect an owl pellet and decorate a set of binoculars, then go on a sunset walk through the Garden. Recommended for ages 5+ with caregiver participation. Moderate walking required. All child and adult participants must have a registered ticket.

Friday, May 6 • 7–8:30 PM

Friday, May 20 • 7–8:30 PM

Friday, June 3 • 7:30–9 PM

Friday, June 17 • 7:30–9 PM

Friday, July 8 • 7:30–9 PM

Friday, July 22 • 7:30–9 PM

Friday, August 5 • 7:30–9 PM

Friday, August 19 • 7:30–9 PM

\$10/child and \$5/adult for NBG members.

(\$15/person for not-yet-members.)



Fairy & Gnome Summer Homes

Make a miniature summer home for the fairies and gnomes in your garden. Recommended for ages 4+.

Friday, May 27 • 10–11 AM or 1–2 PM

Friday, June 24 • 10–11 AM or 1–2 PM

Friday, July 29 • 10–11 AM or 1–2 PM

\$10/child for NBG Members.

(\$18/child and \$16/adult for not-yet-members.)

Frames & Games: DIY Picture Frames

Decorate your own wooden picture frame, and then go out into the Garden to take photos! Recommended for ages 4+.

Wednesday, June 8 • 10–11 AM

Wednesday, July 13 • 10–11 AM

Wednesday, August 10 • 10–11 AM

Wednesday, September 14 • 10–11 AM

\$10/child for NBG Members.

(\$18/child and \$16/adult for not-yet-members.)

Nature Journaling Kids' Club - Member Exclusive!

Join us on June 4 in the WOW Children's Garden for an introduction to nature journaling for kids! Each club member will receive a messenger tote bag, a paper journal, and six double-sided colored pencils. Throughout the summer, club members will additionally receive lessons on Google Classroom to continue their summer journaling adventures. Recommended for ages 7-13.

Saturday, June 4 • 11 AM–12 PM

\$50/child for NBG Members.

INCLUDED WITH GARDEN ADMISSION

Join us in the Garden for free family programs! All activities are included with Garden admission, and are recommended for ages 3+. Adult chaperones attendance for all programs is required.

Busy Bees

Thursdays in May • 10 AM

Meet in the Butterfly Garden to learn all about the pollinator pals that live in the Garden!

Pond Pals

Thursdays in June • 10 AM

Thursdays in August • 10 AM

Meet at Friendship Pond to test your pond dipping skills!

Caterpillar Club

Thursdays in July • 9:30 AM

Meet at the Butterfly House to say good morning to the caterpillars and butterflies!



Other activities included with Garden admission such as scavenger hunts, story times, crafts, walking tours, and discovery carts are offered daily in the WOW Children's Garden!

Frames & Games: Tree Cookie Tic-Tac-Toe

Design your own tic-tac-toe game board using a tree cookie and painted rocks. Recommended for ages 4+.

Wednesday, June 15 • 10–11 AM

Wednesday, July 20 • 10–11 AM

Wednesday, August 17 • 10–11 AM

Wednesday, September 21 • 10–11 AM

\$10/child for NBG Members.

(\$18/child and \$16/adult for not-yet-members.)

WOW End of Summer Celebration

Join us in the WOW Children's Garden after hours to complete crafts, games, and other fun activities! Make sure to come out early to play in the fountains! Recommended for ages 3+ with caregiver participation.

Friday, August 26 • 7–8:30 PM

\$10/child and \$5/adult for NBG members.

(\$15/person for not-yet-members.)

BACKYARD BIRD BUDS



Join us this summer in the WOW Children's Garden to see what colorful combinations of flowers you can plant to invite birds to where you live. Complete quizzes, scavenger hunts, games, and more to help you become a best bud to your backyard birds.

SUMMER FIELD TRIPS



Scan the QR code to visit our Field Trip website for more information!

Bring your summer groups and campers to play, splash, and learn with us this summer!

All summer field trips to the Garden include scheduled access to the WOW Splash Fountains, the Butterfly House, and our **Frames & Games** summer activities!

CHILDREN'S BIRTHDAY PARTIES

Book a birthday party in the WOW Children's Garden! Pricing starts at \$250 and includes a WOW classroom rental, themed table decorations, Garden admission for party guests, and paperware for the party.

NEW! ADD-ON ACTIVITY: For \$5/child, upgrade your rental to include A Very Hungry Caterpillar themed decorations, story time, and craft!

DELUXE PARTY OPTION: The Deluxe Dinosaur Party option includes dinosaur decorations for the classroom, and a dinosaur-themed terrarium and goodie bag for up to 10 children. The Deluxe Dinosaur Party pricing starts at \$350. *Additional terrarium and goodie bag kits can be added for an additional fee. **Deluxe parties include all the standard rental amenities.***

SUMMER SCOUT PROGRAMS



Bring your Scouts to the Garden for a guided or self-guided program this summer! Each offered program allows participating Scouts to earn the corresponding badge, patch, pin, or loop!

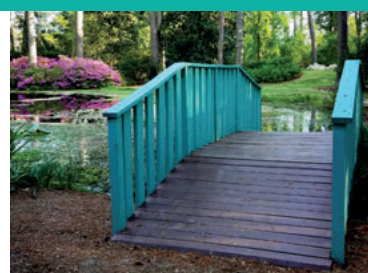
Some options include:
GSCCC Explore NBG Patch
Brownie Bug Badge
Junior Flower Badge
Various Outdoor Art Badges

Lions "Ready, Set, Grow"
Tigers "My Tiger Jungle"
Wolves "Grow Something"
Bears "Fur, Feather, & Fern"
Into the Woods Adventure
Into the Wild Adventure

BRIDGING CEREMONIES

Book a guided or self-guided Girl Scout program, and then visit Friendship Pond to complete your bridging ceremony!

DELUXE OPTION: Add a one-hour WOW classroom rental to your bridging ceremony to celebrate with your Troop!!



NATURE QUEST APP ACTIVITIES

Did you know we have an app? Scan the QR code to unlock our Nature Quest activities on your phone web browser, or download the app from the Google Play or App Store.

Activities are regularly added and updated, so make sure to visit often!

