

COURSE CALENDAR
& CATALOG

W O R D

SEPTEMBER - DECEMBER 2019

norfolk
botanical
garden

september



Music • Beer • Food • Vendors
Only two more this year!

Sept. 8 & Oct. 13 • 12 noon — 6 PM



- 09/05 **Sunset Kayaking**
- 09/06 **Tiny Terrariums**
- 09/07 **All About Mushrooms**
- 09/08 **Barks & Brews #3**
- 09/09 **Monday Garden Yoga (4-Week Class)**
Little Sprout Explorers: Buggin' Out
- 09/10 **Ballroom Dancing: Rumba & Hustle (4-Week Class)**
- 09/11 **Seed Collecting**
Wednesday Garden Yoga (4-Week Class)
- 09/12 **Beginner T'ai Chi (8-Week Class)**
Intermediate T'ai Chi (8-Week Class)
Preserving Summer's Harvest
History & Horticulture of Beer
Jr. Garden Artists: Nature Mobiles
Sunset Kayaking
Garden Stars
- 09/13 **Family Twilight Trek**
- 09/14 **Essential Oils 101**
Carnivorous Container Workshop
- 09/15 **Sunset Boat Cruise**
- 09/16 **Little Sprout Explorers: Funky Fungi**
- 09/17 **Hardy Ferns for Virginia**
Mother Nature's Road Show: Chesapeake Bay Owl Prowl
- 09/18 **Wednesday Oil Painting (8-Week Class)**
Storybook Tea Party
- 09/19 **Sunset Kayaking**
Thursday Oil Painting (8-Week Class)
Beginning Photography
Jr. Garden Artists: Leaf Art
- 09/20 **Floral Design Workshop**
- 09/21 **Watercolors: Monarch and Wildflowers**
- 09/22 **Monarch Tag & Release**
- 09/23 **Little Sprout Explorers: Silly Seasons**
- 09/24 **Origami: Bats and Owls**
Heritage Farming
- 09/25 **Batty for Bats**
- 09/26 **Sunset Kayaking**
Jr. Garden Artists: Autumn Mugs
- 09/27 **Acrylic Painting Workshop**
Fairy & Gnome Garden Homes
- 09/30 **Homeschool in the Garden: Weather 101**

october

- 10/01 **Pilates (4-Week Class)**
- 10/03 **Sunset Kayaking**
- 10/04 **Floral Design Workshop**
- 10/06 **Sunset Boat Cruise**
Girl Scout Outdoor Art Day
- 10/07 **Homeschool in the Garden: Soil 101**
- 10/08 **Secret Garden Meditation Walk**
Garden Stars
- 10/10 **Sunset Kayaking**
Owl Prowl
Wetland Conservation in Hampton Roads
- 10/12 **Selecting and Growing the Best Spring-Blooming**
Bulbs for Coastal Virginia
Tween Garden Artists: Weaving 101
- 10/13 **Kokedama: Japanese String Gardens**
Barks & Brews #4
- 10/14 **Monday Garden Yoga (6-Week Class)**
Homeschool in the Garden: Water 101
- 10/15 **Worm Composting**
Selecting and Planting Shrubs and Trees
Ballroom Dancing: Swing & Cha Cha (4-Week Class)
- 10/16 **Wednesday Garden Yoga (6-Week Class)**
Storybook Tea Party
- 10/17 **Dig & Divide: The Glade**
Low Light Photography
French Macarons 101
- 10/18 **Rose Garden Walk & Talk**
Acrylic Painting Workshop
Scarecrow Harvest Party
- 10/19 **Tween Garden Artists: Papermaking 101**
- 10/21 **Little Sprout Explorers: All About Bats**
- 10/22 **Sumi-e: Japanese Ink Painting (5-Week Class)**
Origami: Pop-up Autumn Scenes
- 10/23 **Conifer Walk & Talk**
- 10/24 **Transitioning to Battery-Powered**
Lawn Equipment
Ghost Forests, Zombie Shrimp and Space Fish:
Strange But True Tales of the Salt Marsh
Trick 'r Trees
- 10/25 **Haunted Cookie Houses**
- 10/26 **Watercolors: Paint Your Dog or Cat**
Tween Garden Artists: Monster Plushies
- 10/28 **Little Sprout Explorers: Pumpkin Party**
- 10/29 **Fall Container Workshop**
Fall Color Walk & Talk
Fantastic Fall Treats
- 10/30 **Bizarre Botanicals**
- 10/31 **13 Plants of Halloween**

CONTACT

Adult Programs
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Family & Youth Programs
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COURSE COLOR KEY

GARDEN
EXPLORE
CREATE
LIVE WELL
DIG DEEPER
SPROUTS/FAMILY FUN
SPECIAL EVENT

REGISTRATION INFORMATION

Preregistration is required for all classes and programs unless otherwise indicated. Register online, in person, or by phone. Become a member and receive a discount on classes & much more! Membership fees can be included with your registration. All class prices include Garden admission.

MEMBER DISCOUNT POLICY

Members with an individual membership receive a discount on *1 ticket per class*. Members with a family membership receive a discount on up to *2 tickets per class* for adult classes and up to *6 tickets per program* for youth and family programs.

CLASS REFUND POLICY

Cancellations five or more business days prior to the program start date, refunds less 20% processing fee (min. \$5). No refunds for cancellations one to four business days prior to program start date. Courses canceled by the Garden due to low enrollment or hazardous weather conditions are fully refunded.

SUSTAINABILITY

This catalog is printed on paper made with 100% recycled fiber. Please recycle this catalog or pass it on!



BARK  **2019**
ITECTURE
Designer Doghouses at NBG

november

Dominion Energy GARDEN OF LIGHTS



Nightly • NOV. 8 — DEC. 14
4 PM — 9 PM



Nightly • DEC. 15 — DEC. 31
5:30 PM — 10 PM

Dominion Energy Garden of Lights: Behind the Scenes

With Senior Horticulturist Linda Saunders

Saturday, November 2 • 4:30–6:30 PM

\$10 (\$15 for not-yet-members)

Join Linda Saunders, the design mastermind behind our holiday light show, in this guided review of the installation process, including tree-wrapping, light selection, and a demonstration. Walking required.

- 11/02 **Camellia Society Show & Sale**
Intro to Botanical Illustration
Garden of Lights: Behind the Scenes
- 11/03 **Deciduous Conifers Walk & Talk**
Botanical Bartending
- 11/04 **Little Sprout Explorers: Happy Harvest**
- 11/05 **Travel Photography**
Origami: Songbird Mobiles
The Secret Life of Moths
- 11/06 **Tasty Thanksgiving Side Dishes**
- 11/08 **Million Bulb Walk Begins**
- 11/09 **Beyond Pansies - Hardy Plants for the Fall Garden**
Not Tonight Deer: Deer Proof Gardening
Hentopia: More Eggs, Less Work!
- 11/11 **Homeschool in the Garden: Botany 101**
- 11/12 **Thanksgiving Plates**
- 11/13 **Storybook Tea Party**
- 11/14 **Kitchen Garden Walk & Talk**
Dig & Divide: Border & Matson Gardens
- 11/15 **Acrylic Painting Workshop**
- 11/16 **First Landing Fall Tour**
Watercolors: Indian Corn and Fall Still Life
Natural Soapmaking Workshop
- 11/17 **Crafty Cocktails: Staghorn Fern Workshop**
- 11/18 **Homeschool in the Garden: Trees 101**
- 11/19 **Japanese Maple Walk & Talk**
Fall Color ASL Walking Tour
Thanksgiving Plates
- 11/20 **Wednesday Oil Painting (8-Week Class)**
- 11/21 **Thursday Oil Painting (8-Week Class)**
Gardens of Japan
Fall Color Walk & Talk
- 11/23 **Zero Waste Living**
- 11/25 **Homeschool in the Garden: Plants and People**
- 11/26 **Floral Design Workshop**

december

- 12/01 Cookie Plates & Cocoa Mugs
- 12/02 Monday Garden Yoga (6-Week Class)
Little Sprout Explorers: Winter Critters
- 12/03 The Tidewater Garden in Winter
Luminous Colored Pencils Workshop
- 12/04 Wednesday Garden Yoga (6-Week Class)
- 12/05 12 Plants of Christmas
- 12/06 Della Robbia Wreath Workshop
- 12/07 Watercolors: Poinsettias White and Red
Quilling 101
- 12/08 Holiday Cookie Houses
- 12/09 Little Sprout Explorers: Pinecone Palooza
- 12/12 Behind the Scenes Propagation Walk & Talk
- 12/13 Winter Sowing
Brock Environmental Center Tour
Acrylic Painting Workshop
- 12/14 Natural Soapmaking Workshop
Origami: Holiday Ornaments
- 12/15 Handcrafted Herbal Lip Balm and Scrubs
Dominion Energy Garden of Lights Begins
- 12/16 Little Sprout Explorers: Silly Snowmen
- 12/17 Intro to Indoor Plants
- 12/20 Floral Design Workshop
- 12/21 Holiday Nature Ornaments

Gift Shop Member Appreciation HOLIDAY SALE Dec. 1 — 7

Purchase a unique gift for someone special this holiday season. Members receive a **20% DISCOUNT** on all regular price merchandise for a **ONE TIME** shopping spree in the Gift Shop.

SAVE the DATE Leap Day 2020

February 29, 2020 • 10 AM — 4 PM

Looking for a unique way to celebrate Leap Day? Join us on this auspicious day to learn about climate change and its impacts at our climate change symposium. It'll be a day filled with informative presentations, wrapping up with a panel discussion that includes city officials.

Our engaging speakers include Dr. Jeremy Hoffman, Chief Scientist at the Science Museum of Virginia, and Dr. Michael Allen, Assistant Professor of Geography at Old Dominion University.

As an added bonus, stroll through Elizabeth River Project's Youth Resiliency Expo to learn how the next generation of student environmentalists plan to tackle issues related to a changing climate. Expect to be impressed!

Leaping to
SOLUTIONS
Climate Change Symposium

Elizabeth River Project's 2nd Annual Youth Resilience Expo February 29, 2020

Students in grades K-12 will showcase innovative solutions that address flooding, resilience actions, and reducing their carbon footprint at their schools.





garden

Grow your green thumb and learn how to keep your garden thriving.

All About Mushrooms

With Director of Environmental Engagement & Outreach Theresa Augustin

Saturday, September 7 • 11 AM–1 PM

\$10 (\$15 for not-yet-members)

Curious about mushrooms? Learn which ones are common to our area, how to identify them, and the role they play in nature. Indoor presentation followed by an outdoor walking tour. Walking required.

2 CEUs: VNLA, VSLD*

Seed Collecting

With Greenhouse Manager Julie Finn

Wednesday, September 11 • 1–3 PM

\$15 (\$20 for not-yet-members)

Join our Greenhouse Manager on a seed collecting expedition! Students will learn the difference between annual and perennial seeds, collection methods, how to separate seeds from chaff, and proper storage methods. Walking required.

2 CEUs: VNLA, VSLD*

History & Horticulture of Beer

With Adult Education Manager Alexandra Cantwell

Thursday, September 12 • 6–8 PM

\$35 (\$45 for not-yet-members)

Learn the history and horticulture of one of the world's oldest, and most favored beverages! The class will also review the brewing process, beer styles, and have a tasting with beers from O'Connor Brewing Company.

2 CEUs: VNLA, VSLD*

Carnivorous Container Workshop

With Adult Education Manager Alexandra Cantwell

Saturday, September 14 • 11 AM–1 PM

\$50 (\$65 for not-yet-members)

Create your own miniature bog garden - complete with native bog plants including four carnivores as well as rare companion plants. All supplies included.

2 CEUs: VNLA, VSLD*



*CEUs are continuing education units equal to hours of participation in an accredited program designed for professionals with certificates or licenses. CEUs available to participants completing courses at Norfolk Botanical Garden are as follows:

VNLA: Virginia Nursery & Landscaping Association

VSLD: Virginia Society of Landscape Designers

Hardy Ferns for Virginia

With Horticulturist Mary Toth

Tuesday, September 17 • 1–3 PM

\$10 (\$15 for not-yet-members)

Learn about the best ferns to use in your home landscape - including design elements and plant care. Indoor presentation followed by an outdoor walking tour.

2 CEUs: VNLA, VSLD*

Selecting and Growing the Best Spring-Blooming Bulbs for Coastal Virginia

With Director of Horticulture Les Parks

Saturday, October 12 • 9:30–11:30 AM

\$10 (\$15 for not-yet-members)

Learn about the best bulbs to use in your home landscape - including design elements, plant care, and selection.

2 CEUs: VNLA, VSLD*

Kokedama: Japanese String Gardens

With Horticulturist Joelle Miller

Sunday, October 13 • 11 AM–1 PM

\$40 (\$55 for not-yet-members)

Create several hanging modern bonsai for your home or office. All supplies included.

2 CEUs: VNLA, VSLD*

Selecting and Planting Shrubs and Trees

With Senior Horticulturist Tom Houser

Tuesday, October 15 • 1–3 PM

\$10 (\$15 for not-yet-members)

November and December are the best months for planting shrubs and trees! Senior Horticulturist Tom Houser will discuss selecting quality trees and shrubs and how to properly plant them. Participants will assist in planting a tree or shrub!

2 CEUs: VNLA, VSLD*

Worm Composting

With Master Gardener Kandy Keith

Tuesday, October 15 • 6:30–8:30 PM

\$40 (\$55 for not-yet-members)

Turn your kitchen waste into a dark rich soil conditioner. Each participant will make a working compost bin, complete with starter worms! All supplies included.

2 CEUs: VNLA, VSLD*

FEATURED SPEAKER

Join Author and Horticulturist Frank Hyman for two workshops this November. Frank is an award-winning garden designer, horticulturist and carpenter in Durham, NC. He writes columns for *Chickens* magazine, and his writing has also appeared in *Backyard Poultry*, *Organic Gardening*, *Urban Farm*, *Modern Farmer*, *Horticulture*, *American Gardener*, *Fine Gardening* and the *NY Times*.

Frank has also written the game-changing book *Hentopia: Create a Hassle-Free Habitat for Happy Chickens: 21 Projects*.

Not Tonight Deer: Deer Proof Gardening

With Author and Horticulturist Frank Hyman

Saturday, November 9 • 10:30 AM–12:30 PM

\$10 (\$15 for not-yet-members)

Edible gardens are all the rage, but we don't want the deer to do all the eating. Fortunately, a lot of plants have evolved with little tricks to make themselves unappealing to deer and other plant nibblers. There's no need to memorize some long list of deer-resistant plants while shopping at a garden center. Knowing these plant characteristics will help you create an attractive garden without creating a soup kitchen for these long-legged browsers. The class will also cover cost-effective and attractive deer fencing and deer repellents.

Hentopia: More Eggs, Less Work!

With Author and Horticulturist Frank Hyman

Saturday, November 9 • 2:30–4 PM

\$10 (\$15 for not-yet-members)

Learn how to easily manage the feed, water, waste, eggs and other hen issues in a way that allows you to safely take two-week vacations (without a chicken-sitter)! Your birds and their hen habitat will happily and safely operate on autopilot while you're away. Participants will also learn how to build a coop from free pallets with minimal carpentry skills through a DIY demo.

Dig & Divide: The Glade

With Horticulturist Mary Toth

Thursday, October 17 • 1–3 PM

\$20 (\$35 for not-yet-members)

Learn the proper way to divide and transplant a variety of plants that participants will then take home. Walking required.

2 CEUs: VNLA, VSLD*

Transitioning to Battery-Powered Lawn Equipment

With Senior Horticulturist Tom Houser

Thursday, October 24 • 1–3 PM

\$10 (\$15 for not-yet-members)

Senior Horticulturist Tom Houser will discuss his experience in switching to battery powered lawn tools in his yard. Tools discussed will include walk behind lawn mower, string trimmer, blower and hedge trimmer. He will explain terminology used for battery powered equipment.

2 CEUs: VNLA, VSLD*

Fall Container Workshop

With Horticulturist Danette Blevins

Tuesday, October 29 • 9:30–11:30 AM

\$40 (\$55 for not-yet-members)

Create a colorful and lush planter that will wow all your neighbors. All supplies included.

2 CEUs: VNLA, VSLD*

Bizarre Botanicals

With Adult Education Manager Alexandra Cantwell

Wednesday, October 30 • 11 AM–1 PM

\$10 (\$15 for not-yet-members)

Learn about the dark side of horticulture just in time for Halloween! From poisonous & perilous to creepy & carnivorous plants, these fatal flora have changed the course of history.

2 CEUs: VNLA, VSLD*

13 Plants of Halloween

With Greenhouse Technician Meredith Simmons

Thursday, October 31 • 1–3 PM

\$10 (\$15 for not-yet-members)

Ranging from spooky to freaky, even plants can get into the Halloween spirit! Come and enjoy this horticultural Trick or Treat where we will discuss the creepy and fantastic members of the plant kingdom and their Halloween histories.

2 CEUs: VNLA, VSLD*

Beyond Pansies - Hardy Plants for the Fall Garden

With Director of Horticulture Les Parks

Saturday, November 9 • 9:30–11:30 AM

\$10 (\$15 for not-yet-members)

There's more to fall flowers than the famous pansy. Learn about the variety of plants available to liven up your garden as temperatures cool down.

2 CEUs: VNLA, VSLD*

Dig & Divide: Border & Matson Gardens

With Horticulturist Jimmy Van Meter

Thursday, November 14 • 9:30–11:30 AM

\$20 (\$35 for not-yet-members)

Learn the proper way to dig and transplant a variety of plants that participants will then take home. Walking required.

2 CEUs: VNLA, VSLD*



Gardens of Japan

With Director of Living Landscapes Brian O'Neil

Thursday, November 21 • 9:30–11:30 AM

\$10 (\$15 for not-yet-members)

Take a virtual journey through some of Japan's most beautiful gardens in this PowerPoint presentation. Learn how to incorporate Japanese style gardening in your yard.

2 CEUs: VNLA, VSLD*

The Tidewater Garden in Winter

With Director of Horticulture Les Parks

Tuesday, December 3 • 9:30–11:30 AM

\$10 (\$15 for not-yet-members)

Learn about the most visually striking, yet hardy plants to include in your personal garden for year-round interest. Indoor lecture followed by outdoor walking tour.

2 CEUs: VNLA, VSLD*

12 Plants of Christmas

With Greenhouse Technician Meredith Simmons

Thursday, December 5 • 1–3 PM

\$10 (\$15 for not-yet-members)

Get into the Holiday Spirit by exploring the 12 Plants of Christmas! Indoor presentation followed with outdoor tour. Walking required.

2 CEUs: VNLA, VSLD*

Winter Sowing

With Greenhouse Technician Meredith Simmons

Friday, December 13 • 1–3 PM

\$10 (\$15 for not-yet-members)

This family friendly class will have you gardening even in the dead of winter. Turn recycled milk jugs into mini-greenhouses to produce tough, hardy seedlings for your pollinator-friendly garden in spring.

2 CEUs: VNLA, VSLD*

Intro to Indoor Plants

With Adult Education Manager Alexandra Cantwell

Tuesday, December 17 • 1–3 PM

\$15 (\$20 for not-yet-members)

Learn the basics of houseplant care, and the benefits of adding them to your home. Gain an understanding of common houseplants and take home one of your own!

2 CEUs: VNLA, VSLD*

FREE GARDEN WALK & TALKS

INCLUDED WITH GARDEN ADMISSION. Walking required, weather permitting. These casual informative walks will allow plenty of time for questions and photos. Each session provides 1 CEU: VNLA, VSLD*

Rose Garden Walk & Talk

With Assistant Horticulturist Allen Carter

Friday, October 18 • 10–11:30 AM

Saturday, October 19 • 10–11:30 AM

Conifer Walk & Talk

With Senior Horticulturist Carl Simmons

Wednesday, October 23 • 9:30–11 AM

Fall Color Walk & Talk

With Senior Horticulturist Tom Houser

Tuesday, October 29 • 10–11:30 AM

Deciduous Conifers Walk & Talk

With Curator of Herbaceous Plants Michelle Baudanza

Sunday, November 3 • 1–2:30 PM

Kitchen Garden Walk & Talk

With Norfolk Master Gardeners Peter Hatchard and Anna Thurmond

Thursday, November 14 • 10–11:30 AM

Fall Color ASL Walking Tour

With Horticulturist Jeremy Breland

Tuesday, November 19 • 1–2:30 PM

Japanese Maple Walk & Talk

With Horticulturist Mary Toth

Tuesday, November 19 • 10–11:30 AM

Fall Color Walk & Talk

With Adult Education Manager Alexandra Cantwell

Thursday, November 21 • 10–11:30 AM

Behind the Scenes Propagation Walk & Talk

With Greenhouse Manager Julie Finn

Thursday, December 12 • 10–11:30 AM



Wednesday Oil Painting (8-Week Class)

With artist Adele Loomans

Wednesdays, September 18–November 6 • 9:45–11:45 AM

Wednesdays, November 20–February 5 • 9:45–11:45 AM

\$150 (\$175 for not-yet-members)

Thursday Oil Painting (8-Week Class)

With Artist Adele Loomans

Thursdays, September 19–November 7 • 9:45–11:45 AM

Thursdays, November 21–February 6 • 9:45–11:45 AM

\$150 (\$175 for not-yet-members)

Digital Photography

With Professional Photographer Dee Akright

Beginning Photography • Thursday, September 19 • 6:30–8:30 PM

Low Light Photography • Thursday, October 17 • 6:30–8:30 PM

Travel Photography • Tuesday, November 5 • 6:30–8:30 PM

\$40 (\$55 for not-yet-members)

Bring your camera and manual.

Floral Design Workshops

With Floral Designer Betty Ann Galway

Floral Garden Globe • Friday, September 20 • 10–11:30 AM

Indian Summer Bouquet • Friday, October 4 • 10–11:30 AM

Thanksgiving Design • Tuesday, November 26 • 10–11:30 AM

Holiday Sparkle • Friday, December 20 • 10–11:30 AM

\$45 (\$60 for not-yet-members)

Watercolors

With Artist Diana Davis

Saturdays • 9 AM–1:30 PM

Monarch and Wildflowers • September 21

Paint your dog or cat • October 26

Indian Corn and Fall Still Life • November 16

Poinsettias White and Red • December 7

\$60 (\$75 for not-yet-members)

Origami

With Paper Artist Rich Gray

Bats and Owls • Tuesday, September 24 • 6:30–8:30 PM

Pop-up Autumn Scenes • Tuesday, October 22 • 6:30–8:30 PM

Songbird Mobiles • Tuesday, November 5 • 6:30–8:30 PM

Holiday Ornaments • Saturday, December 14 • 9:30–11:30 AM

\$15 (\$25 for not-yet-members)

Acrylic Painting Workshops

With Artist Claudia Croneberger

Fridays • 9:30–11:30 AM

September 27 • October 18 • November 15 • December 13

\$45 (\$55 for not-yet-members)

create

Cultivate your creativity with these garden-inspired workshops.
All supplies included.

Sumi-e: Japanese Ink Painting (5-Week Class)

With Artist Norene Spencer

Tuesdays, October 22–November 19

11 AM-1:30 PM

\$85 (\$110 for not-yet-members)

Intro to Botanical Illustration

With Instructor Lynne Frailing

Saturday, November 2 • 9 AM–1 PM

\$60 (\$75 for not-yet-members)

Students draw from botanical specimens. The primary focus is pencil and ink on paper. No experience required.

Natural Soapmaking Workshop

With Instructor Kollyn Zeder

Saturday, November 16 or December 14

9:30-11:30 AM

\$50 (\$65 for not-yet-members)

Crafty Cocktails: Staghorn Fern Workshop

With Adult Education Manager Alexandra Cantwell

Sunday, November 17 • 11 AM–1 PM

\$45 (\$55 for not-yet-members)

This hands on workshop teaches you how to make and care for a decorative mounted staghorn fern, all while enjoying some mimosas! All supplies, 2 drinks, and snacks included.

Luminous Colored Pencils

With Instructor Alisha Brown

Tuesdays, December 3, 10, & 17 • 9:30–11:30 AM

\$60 (\$75 for not-yet-members)

Students learn the techniques involved in creating their own colored pencil masterpiece over this comprehensive 3 week course. Students bring a reference photo of their choice.

Della Robbia Wreath Workshop

With Floral Designer Betty Ann Galway

Friday, December 6 • 9:30–11 AM or 12:30–2 PM

\$55 (\$75 for not-yet-members)

Make a decorative classic Williamsburg-style holiday wreath.

Quilling 101

With Instructor Kollyn Zeder

Saturday, December 7 • 9:30–11:30 AM

\$25 (\$35 for not-yet-members)

Learn how to quill using strips of paper that are rolled, shaped and glued together to create decorative designs.

Handcrafted Herbal Lip Balms and Scrubs

With Adult Education Manager Alexandra Cantwell

Sunday, December 15 • 11AM–1 PM

\$25 (\$35 for not-yet-members)

Create your very own personalized lip balms and scrubs with natural, organic ingredients. Participants will be able to customize 2 lip balms and 2 lip scrubs in this hands on workshop.

live well

Sow the seeds for your healthy lifestyle.
All supplies included.

Garden Yoga (4-Week Class)

With Certified Instructor Julie Paddock

Mondays, September 9–September 30 • 9:30–10:30 AM

Wednesdays, September 11–October 2 • 9:30–10:30 AM

\$40 (\$55 for not-yet-members)

Ballroom Dancing (4-Week Class)

With Instructor Rick Hockman

Tuesdays • 6:30–7:15 PM

Rumba & Hustle • September 10–October 1

Swing & Cha Cha • October 15–November 5

\$40 (\$55 for not-yet-members)

Beginner T'ai Chi (8-Week Class)

In partnership with the Tidewater T'ai Chi Center

Thursdays, September 12–October 31 • 9:30–10:30 AM

\$100 (\$120 for not-yet-members)

Intermediate T'ai Chi (8-Week Class)

In partnership with the Tidewater T'ai Chi Center

Thursdays, September 12–October 31 • 10:30–11:30 AM

\$100 (\$120 for not-yet-members)

Preserving Summer's Harvest

With Chef Kollyn Zeder

Thursday, September 12 • 6:30–8:30 PM

\$35 (\$45 for not-yet-members)

Learn how to dehydrate your summer bounty. You will make both sweet and savory treats.

Essential Oils 101

With Horticulturist Marisa Cousin and Karianne Drury

Saturday, September 14 • 10 AM–12PM

\$10 (\$15 for not-yet-members)

This introduction class to Essential Oils will give you a basic understanding of what they are, how to incorporate them into your daily life and eventually use them as a long term replacement for everything from household cleaners to toothpaste. Make and take item included!

Pilates (4-Week Class)

With Adult Education Coordinator Diana Kellam

Tuesdays, October 1–October 22 • 6–7 PM

\$35 (\$45 for not-yet-members)

Secret Garden Meditation Walk

With Horticultural Therapist Deborah Freeman

Tuesday, October 8 • 9:30–11 AM

\$10 (\$15 for not-yet-members)

Experience the healing beauty of the Norfolk Botanical Garden. We will slow down the pace of our hectic, busy days and become mindful of nature during our guided walk around the garden.



Garden Yoga (6-Week Class)

With Certified Instructor Julie Paddock

Mondays, October 14–November 18 • 9:30–10:30 AM

Monday, December 2–January 27 • 9:30–10:30 AM

Wednesdays, October 16–November 20 • 9:30–10:30 AM

Wednesdays, December 4–January 29 • 9:30–10:30 AM

\$55 (\$75 for not-yet-members)

French Macarons 101

With Visitor Services Manager Meredith Zadd

Thursday, October 17 • 6:30–8:30 PM

\$40 (\$55 for not-yet-members)

Learn how to make the perfect French macaron! Students will work in pairs to bake their very own macarons. Macaron flavors will be earl grey with a chocolate ganache filling.

Fantastic Fall Treats

With Chef Kollyn Zeder

Tuesday, October 29 • 6:30–8:30 PM

\$35 (\$45 for not-yet-members)

Botanical Bartending

With Bartender Eric Hodge

Sunday, November 3 • 3-5 PM

\$35 (\$45 for not-yet-members)

Explore the basics of using botanicals in a variety of drinks, complete with tastings!

Tasty Thanksgiving Side Dishes

With Chef Kollyn Zeder

Wednesday, November 6 • 6:30–8:30 PM

\$35 (\$45 for not-yet-members)

Learn how to revamp your favorite holiday sides.

Zero Waste Living Workshop

With Horticulturist Mary Toth and Greenhouse Technician Meredith Simmons

Saturday, November 23 • 9:30–11:30 AM

\$35 (\$45 for not-yet-members)

Take empowering steps toward reducing personal and household waste along with minimizing your carbon footprint and environmental impact. Participants will make reusable beeswax wraps.



Sunset Kayaking

In partnership with Kayak Nature Tours

Thursdays, September 5, 12, 19, 26 • 5:30–7:30 PM

Thursdays, October 3, 10 • 5–7 PM

\$50 (\$65 for not-yet-members)

Enjoy a relaxing paddle on Lake Whitehurst with experienced guides. No experience necessary.

Garden Stars

In partnership with the Back Bay Astronomers

Thursday, September 12 • 8–9:30 PM

Tuesday, October 8 • 7:30–9 PM

\$10 (\$15 for not-yet-members)

Come out for an evening under the stars with the Back Bay Astronomers and their powerful telescopes. Walking required.

Sunset Boat Cruise

Sunday, September 15 • 5:45–7:15 PM

Sunday, October 6 • 5:15–6:45 PM

\$15 (\$25 for not-yet-members)

Spend your Sunday evening on a relaxing, extended and informative sunset cruise on Lake Whitehurst.

Owl Prowl

With Wildlife Rehabber Dana Lusher

Tuesday, September 17 • 7–9 PM

Thursday, October 10 • 7–9 PM

\$15 (\$25 for not-yet-members)

Join us for a guided tour of the Garden in search of these magnificent night hunters - after meeting them in person! Walking required.

● Go beyond the basics for a deeper understanding.

dig deeper

Heritage Farming

With Pamunkey Indian Reservation Extension Educator Dr. Warner Orozco

Tuesday, September 24 • 6–8 PM

\$10 (\$15 for not-yet-members)

In VA, several Native American groups honor their rural roots by preserving a cultural connection with the environment and their history and culture. However, these communities are faced with unique challenges. Join Dr. Orozco as he explains strategies to increase agricultural literacy and preserve both heritage farming knowledge and cultural ethnobotanical knowledge from tribal elders.

First Landing Fall Tour

With State Park Rangers and Botanical Garden Staff

Saturday, November 16 • 9–10 AM

\$5 (\$10 for not-yet-members)

Enjoy an introduction to First Landing State Park and its unique ecology, along with an in-depth look at the native plants that call it home on this ranger-guided hike. Meet at the First Landing Trail Center 15 min prior to program start-preregistration required with Norfolk Botanical Garden. Separate parking fee includes all day admission.

explore

Let curiosity take root with our nature and wildlife programs.

Mother Nature's Road Show: Chesapeake Bay

With the Virginia Living Museum

Tuesday, September 17 • 6–7:30 PM

\$15 (\$20 for not-yet-members)

Discover the fascinating world of the Chesapeake Bay through the investigation of sponges, seashells and molts of animals that call it home.

Batty for Bats

With ODU Professor Dr. Tatyana Lobova

Wednesday, September 25 • 6:30–8:30 PM

\$10 (\$15 for not-yet-members)

Learn about common misconceptions and exciting facts about these unique mammals while trying to spot some in the night sky. Want to invite bats into your neighborhood? Learn about installation of bat houses from ODU biology professor Dr. Tatyana Lobova. Walking required.

The Secret Life of Moths

With the Butterfly Society of Virginia

Tuesday, November 5th • 7–9 PM

\$10 (\$15 for not-yet-members)

Come learn about moths and how they are different from butterflies. Following a presentation, participate in a visit outside in the garden to observe species attracted to lights.

Wetland Conservation in Hampton Roads

With Wetlands Watch Executive Director Skip Styles and Assistant Director Shereen Hughes

Thursday, October 10 • 6:30–8:30 PM

\$10 (\$15 for not-yet-members)

Learn about conservation landscaping, attractive shoreline management practices, what types of wetlands and wetlands plants are native to Hampton Roads, and why it is so important to protect and restore wetlands as vital resources. Students will also be introduced to the newly updated Citizens Guide to Wetlands as well as resources like the Norfolk Green Infrastructure Plan.

Ghost Forests, Zombie Shrimp, and Space Fish: Strange But True Tales of the Salt Marsh

With Dr. David Johnson of Virginia Institute of Marine Science

Thursday, October 24 • 7–8 PM

\$10 (\$15 for not-yet-members)

Why do zombie crustaceans mindlessly wander the marsh? Why can't a snail let go of its past? Join us as Dr. David Johnson of VIMS answers these questions and shares stories of the strange animals wonderfully adapted to life in a salt marsh.

Brock Environmental Center Tour

With the Chesapeake Bay Foundation

Friday, December 13 • 1–2 PM

\$5 (\$10 for not-yet-members)

Explore one of the most energy efficient and environmentally smart buildings in the world! This guided tour explains the ins and outs of this impressive building, including an update on the State of the Bay. Meet at the Brock Environmental Center 15min prior to program start time - preregistration required with Norfolk Botanical Garden.

sprouts

Programs and events for the whole family.



YOUTH PROGRAM REGISTRATION

Unless otherwise noted, NBG Member adults may chaperone youth programs free of charge with a registered child. Not-yet-members tickets must be purchased for both children and adults, and include Garden admission. For additional information or to register for a program, visit our website or email us at: youthed@nbg.org. Pre-registration is required for all programs.

Children's Birthday Parties

Book your child's birthday party in the WOW Children's Garden! Our classrooms are designed to make hosting easy and affordable for parents, and fun for children and guests. Pricing starts at \$250, and includes a WOW Classroom rental, themed decorations, and Garden admission for party guests. SPECIAL OFFER: Birthday parties booked in Mid-October through November will receive a complimentary flowerpot coloring activity!



Tunes for Tots

Shake, rattle, and roll with us every Tuesday morning in September and October! Tunes for Tots is an outdoor program that begins at 10 AM in the WOW Children's Garden, and is included with Garden admission.

Tiny Terrariums

Join us in WOW to make a miniature take-home terrarium. Recommended for ages 4+ with caregiver participation.

Friday, September 6 • 6–7 PM

\$10/child for NBG Members.

(\$15/person/class for not-yet-members.)

Little Sprout Explorers

Bring nature to your little ones this fall! Each program includes a story, craft, and guided walking adventure in the Garden. Recommended for ages 3-5 with caregiver participation.

Buggin' Out

Monday, September 9 • 10–11 AM

Funky Fungi

Monday, September 16 • 10–11 AM

Silly Seasons

Monday, September 23 • 10–11 AM

\$25/child for series for NBG Members or \$10/child/class.

(\$15/person/class for not-yet-members.)

Jr. Garden Artists

Join us in creating nature-inspired art as we count down the days until fall! Recommended for ages 3-9 with caregiver participation.

Nature Mobiles

Thursday, September 12 • 6–7 PM

Leaf Art

Thursday, September 19 • 6–7 PM

Autumn Mugs

Thursday, September 26 • 6–7 PM

\$25/child for series for NBG Members or \$10/child/class.

(\$15/person/class for not-yet-members.)



Family Twilight Trek

Join us in the WOW Children's Garden to dissect owl pellets, and then go on an evening walking tour to explore nature as the sun sets. Recommended for ages 3+ with caregiver participation. Walking required. All child and adult participants must have a registered ticket for this program.

Friday, September 13 • 6:30–8 PM

\$8/child for NBG Members.

(\$12/child and \$10/adult for not-yet-members.)

Storybook Tea Party

Join us in the WOW Children's Garden for a tea party. Don't forget to bring your favorite stuffed animal! Recommended for ages 3+ with caregiver participation.

Wednesday, September 18 • 10–11 AM

Wednesday, October 16 • 10–11 AM

Wednesday, November 13 • 10–11 AM

\$10/child for NBG Members.

(\$15/person/class for not-yet-members.)

Fairy & Gnome Garden Homes

Make a miniature home for the fairies and gnomes in your garden! All supplies included. Recommended for ages 4+ with caregiver participation.

Friday, September 27 • 6–7 PM

\$10/child for NBG Members.

(\$15/person/class for not-yet-members.)

Homeschool in the Garden

Join us for lessons in the best classroom – nature! Recommended for children ages 5-9 with caregiver participation.

Weather 101

Monday, September 30 • 10–11 AM

Soil 101

Monday, October 7 • 10–11 AM

Water 101

Monday, October 14 • 10–11 AM

\$25/child for series for NBG Members or \$10/child/class.

(\$15/person/class for not-yet-members.)

Girl Scout Outdoor Art Day

Bring your girl scouts to the Garden to complete their Daisy, Brownie, and Junior Outdoor Art Badges! Program includes a badge for each participating Girl Scout.

Sunday, October 6 • 11 AM or 2 PM

\$15/scout and \$10/adult and tag-alongs.

Adult NBG members may chaperone program for free.

Cub Scout Garden Adventures

Let Norfolk Botanical Garden help your den meet its Adventure requirements and electives. Our guided programs include "Ready, Set, Grow" for Lions, "My Tiger Jungle" for Tigers, "Grow Something" for Wolves, and "Fur, Feather, and Fern" for Bears.

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Tween Garden Artists

Let the Garden inspire you as you use various fibers to create nature-themed art. All supplies included. Recommended for ages 8-14 with an adult chaperone.

Weaving 101

Saturday, October 12 • 10–11:30 AM

Papermaking 101

Saturday, October 19 • 10–11:30 AM

Monster Plushies

Saturday, October 26 • 10–11:30 AM

\$25/child for series for NBG Members or \$10/child/class.

(\$15/person/class for not-yet-members.)

Scarecrow Harvest Party

Make your own miniature scarecrow and enjoy fun fall-themed activities.

Recommended for ages 4+ with caregiver participation.

Friday, October 18 • 5–6:30 PM

\$10/child for NBG Members.

(\$15/person/class for not-yet-members.)

Little Sprout Explorers

Bring nature to your little ones this fall!

Each program includes a story, craft, and guided walking adventure in the Garden. Recommended for ages 3-5 with caregiver participation.

All About Bats

Monday, October 21 • 10–11 AM

Pumpkin Party

Monday, October 28 • 10–11 AM

Happy Harvest

Monday, November 4 • 10–11 AM

\$25/child for series for NBG Members or \$10/child/class.

(\$15/person/class for not-yet-members.)



Trick 'r Trees

Join our Garden ghouls and goblins for a family-friendly evening of games, crafts, and light trick or treating. Ages 3+ with caregiver participation. All adults and children ages 3+ must have tickets for this event.

Thursday, October 24 • 5–6:30 PM

\$10/child and \$5/adult for NBG Members.

(\$15/person/class for not-yet-members.)



New! Haunted Cookie Houses

Use graham crackers, candies, and other spooky goodies to create your own haunted cookie house. Ages 3+ with caregiver participation.

Friday, October 25 • 5–6:30 PM

\$20/set for NBG Members.

(\$35/set for not-yet-members. Includes NBG admission for two guests.)

Homeschool in the Garden

Join us for lessons in the best classroom – nature! Programs recommended for children ages 5-9 with caregiver participation.

Botany 101

Monday, November 11 • 10–11 AM

Trees 101

Monday, November 18 • 10–11 AM

Plants and People

Monday, November 25 • 10–11 AM

\$25/child for series for NBG Members or \$10/child/class.

(\$15/person/class for not-yet-members.)

Thanksgiving Plates

Paint the perfect decorative plates for your Thanksgiving table. Set includes 2 plates.

Ages 3+ with caregiver participation. Program does not include tram ride or Million Bulb Walk tickets.

Tuesday, November 12 • 4–5 PM

Tuesday, November 19 • 4–5 PM

\$10/child for NBG Members.

(\$15/person/class for not-yet-members.)

Little Sprout Explorers

Bring nature to your little ones this holiday season! Each program includes a story, craft, and guided walking adventure in the Garden. Recommended for ages 3-5 with caregiver participation. Program does not include tram ride or Million Bulb Walk tickets.

Winter Critters

Monday, December 2 • 10–11 AM

Pinecone Palooza

Monday, December 9 • 10–11 AM

Silly Snowmen

Monday, December 16 • 10–11 AM

\$25/child for series for NBG Members or \$10/child/class.

(\$15/person/class for not-yet-members.)



Cookie Plates & Cocoa Mugs

Get ready for the holidays with your own festive plate and mug set. Ages 3+ with caregiver participation. Program does not include tram ride or Million Bulb Walk tickets.

Sunday, December 1 • 10 AM, 12 PM, or 2 PM

\$10/child for NBG Members.

(\$15/person/class for not-yet-members.)

Holiday Cookie Houses

Use graham crackers, candies, and other festive goodies to create your own holiday cookie house. Ages 3+ with caregiver participation. Program does not include tram ride or Million Bulb Walk tickets.

Sunday, December 8 • 10 AM, 12 PM, or 2 PM

\$20/set for NBG Members.

(\$35/set for not-yet-members.

Includes NBG admission for two guests.)

Holiday Nature Ornaments

Use natural items to design your own set of holiday ornaments. Ages 3+ with caregiver participation. Program does not include tram ride or Million Bulb Walk tickets.

Saturday, December 21 • 10–11 AM

\$10/child for NBG Members.

(\$15/person/class for not-yet-members.)



Registration Begins October 1st for Holiday Family Programs
Visit NBGholidays.org