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For Immediate Release

October 1, 2013
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Family Fitness with Fido at Norfolk Botanical Garden



Announcement

(Norfolk, VA) –Norfolk Botanical Garden (NBG) along with the Norfolk SPCA will celebrate fitness with families and their dogs on Saturday, October 26, 2013 from 9:00 a.m. to 4:00 p.m. for the 2nd annual **Family Fitness with Fido**. This fundraising event will create an opportunity for "Fido" and the whole family to get fit on a two-mile, self-guided marked walk. Enjoy special dog related activities from 11:00 a.m. to 2:00 p.m. that include: a doggie park, photo set, "Fido" trails, Dogs Got Talent Show, Norfolk Police Department Canine demonstrations, music and food. Meet Norfolk SPCA's adoptable dogs and much more – all in the most beautiful place in Hampton Roads.

Proceeds from this fundraising event will benefit Norfolk Botanical Garden and Norfolk SPCA
Event is included with regular Garden admission.
A Fido fee of \$5 for NBG Garden members.

For additional information and to register your dog for Dogs Got Talent click [HERE](#).

The Norfolk SPCA will also accept donations of pet items, such as canned food, bedding, blankets and toys. Your additional donation can help hundreds of animals! For a complete wish list click [HERE](#).

About Norfolk Botanical Garden

Norfolk Botanical Garden represents an oasis of more than 40 themed gardens encompassing 155 beautiful acres. From stunning plant collections to *WOW- World of Wonders: A Children's Adventure Garden*, this diverse natural beauty can be explored by tram, boat, or walking tours. The Garden is accredited by the American Alliance of Museums, is recognized as a Virginia Historic Landmark, listed on the National Register of Historic Places, a Virginia Green attraction, and is managed by the Norfolk Botanical Garden Society supported by the City of Norfolk. Norfolk Botanical Garden is dedicated to enriching life by promoting the enjoyment of plants and the environment through beautiful gardens and education programs. Admission is \$11 for adults, \$10 for seniors and military, \$9 for ages 3-17, 2 and under are free. For more information, visit www.norfolkbotanicalgarden.org

About The Norfolk SPCA

The Norfolk SPCA has been serving the community since 1892 and has guaranteed adoptions as a no-kill shelter for healthy, treatable pets for more than 10 years. We focus our efforts on finding our animal friends the forever homes they deserve and we envision a day when every adoptable animal is welcomed into a loving home. We shelter, treat, rehabilitate and rehome thousands of household companion animals every year. We also provide affordable veterinary services for public animal patients six days a week at our two locations. Our clinic's special mission helps reduce the incidence of people surrendering their animal companions because they cannot afford medical care. For more information, please visit NorfolkSPCA.org.

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